

Volume 28, No. 11, November 1996

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# CAROLINA COUNTRY

Official publication of North Carolina's electric cooperatives

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# CAROLINA COUNTRY

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Volume 28, No. 11, November 1996



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North Carolina's electric cooperatives provide reliable, safe and affordable electric service to 650,000 homes, farms and businesses in North Carolina. The 28 electric cooperatives are each member-owned, not-for-profit and overseen by a board of directors elected by the membership.

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# CAROLINA COUNTRY

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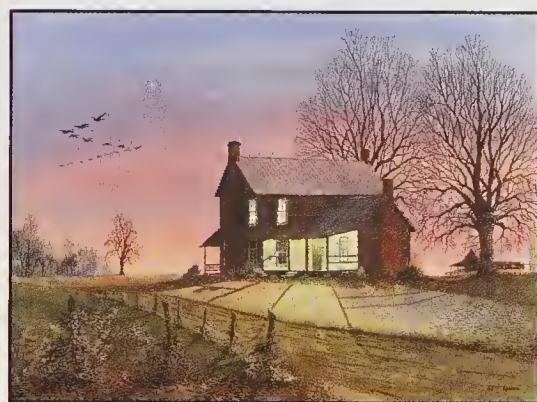
For 12 hours on Thursday night, Sept. 5 and into Friday morning, Sept. 6, 1996, one of the worst hurricanes in North Carolina history slammed into the southern coast and swept through the Piedmont and into Virginia before calming down. For the record, we illustrate the path Fran took, and the damage she caused among electric cooperatives. A map is on page 8-9, followed by photographs on page 10.

### Carolina Country Recipes .....14

A selection of holiday recipes using North Carolina foods and commodities.

### Carolina Country Christmas Trees .....16

North Carolina grows some of the best Christmas trees you can get. Here's advice on finding, cutting, displaying and caring for a Carolina Country Christmas tree.



### On the Cover

"Twilight II" by Ted Graham shows a North Carolina November evening and a country house lighted, no doubt, by an electric cooperative. Ted Graham is a Salisbury native who lives in Greensboro. He has painted professionally since 1974 and more seriously since his 1989 retirement from a marketing career. Prints of "Twilight II" (image size is 17 by 23½ inches) are available for \$100, plus \$8 shipping and 6% sales tax in North Carolina. Contact Ted Graham, 5203 Edinborough Rd., Greensboro, NC 27406. Phone: (910) 674-6745.

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Superb Turkey Casserole.



# Letters and Comments



## What Do You Think?

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## The Best of the Storm Scenes

By James E. Mangum Jr.

When you make a list of your favorite scenes—a mountain stream, a seaside sunrise, children at weddings—you can include the utility truck after a storm.

Off all the scenes produced by Hurricane Fran in early September, the most comforting was the convoy of utility trucks heading into your neighborhood. When you venture out during a power outage, there's no better view than a line crew wearing rubber gloves and hard hats rising from those bucket trucks to repair damaged power lines. They are like the cavalry that appears on the ridge just as a fight is about to break out in the plain below. You imagine hearing the "Superman" soundtrack playing in the background. You feel that amazing sense of relief, knowing that soon the refrigerator and water pump will whirl into action.

The people who maintain power distribution systems for electric cooperatives understand the security they bring into the lives of their neighbors. They are proud of their skills, their knowledge of electric power and equipment, and the safety they employ in each task. When disaster strikes, they are out on the

front lines, literally, restoring to our households and communities the security that electricity brings to all of us.

Looking at the utter devastation that a storm like Fran leaves behind it, you wonder how line workers can keep their composure. Why don't they feel overwhelmed by the enormous work ahead of them? Why don't they feel defeated before they are halfway done?

The reason lies inside a single word: cooperative.

Among those convoys you saw after Fran were utility crews from other electric cooperatives. Crews and contracted services from nine states came to North Carolina to help us. Each member of those crews brought the same high degree of training and dedication as our people have. As one crew grew weary of tramping through soggy ground and lifting out limbs and fallen lines, another was ready to relieve them.

And it's not only a line crew who rises to revive a community after a storm. There is a natural instinct among members of a cooperative that moves us to help one another. You understand that your electric distribution system has been assaulted, so you respond with

a higher sense of commitment than you might normally apply day to day. We had legions of people—our own staff members, employees of other cooperatives, our own members and neighbors—help us answer phones, assist families with severe problems, supply meals and fuel, deliver medical attention, offer overnight accommodations, wash and dry the line crews' laundry, communicate with news media and government agencies, then help with the clean-up afterwards.

A disaster like Fran may bring out the worst in Mother Nature, but it also brings out the best in human nature. And as far as I can tell, the best in human nature is bred in a community of cooperatives.

*James E. Mangum Jr. is general manager of Wake Electric Membership Corporation, which serves approximately 18,000 consumer-members in Granville, Vance, Durham, Wake, Johnston, Nash and Franklin counties.*

Matt Vernon



*Jin Mangum (right) assigns another task at Wake EMC in the aftermath of Hurricane Fran.*

Philip Morgan



*Brunswick EMC crews attend to a tree felled by Fran.*





### Carolina Country explains power to Bill Clinton

President Bill Clinton visited the hurricane-torn Raleigh area on Sept. 14 and met with government, relief and utility officials to discuss the effects of Hurricane Fran. He flew over the northern counties and saw work underway to repair damage that high winds caused to buildings, farms and electrical power systems.

The September issue of Carolina Country was in the hands of the 352,000 North Carolina families who receive the magazine monthly, and inside was a two-page spread that graphically describes "The Steps to Restoring Power After a Major Outage."

Readers could learn how their electric cooperative repairs their power distribution systems after a storm like Fran, and why some members have power when neighbors do not.

The director of Clinton's Federal Emergency Management Agency, James Lee Witt (shown above), was so impressed by the magazine's treatment of the subject that he showed it to the President as they left Raleigh on Air Force One.

Co-op members can assume now that President Clinton knows as much about how electric cooperatives respond to power outages as they do.

### Lesson learned in Linden

It was hot and muggy today, and I was very frustrated being without power or water for five days. Me, my sister, nephew and 7-year-old took a ride to vent our frustration and see if we could at least see a power truck somewhere. We were somewhere around Stedman when we finally saw a power truck, six of them as a matter of fact.

As the first workman waved us by I guess felt for him, but as we rode by and I saw the tired faces, the sweat, the long sleeves, the fatigue, six men tugged at a line, it finally sunk in to me. Here I was complaining, but when I saw these men face to face it touched my heart. There was no water for them to drink. Where

were they eating with the power out? Did they even eat today?

All these thoughts crossed my mind. I was ashamed and only wished we had some water in the car or even a snack to give them. Here we couldn't find a store open to get us a Coke, so how long did it take them to find one?

I learned a lesson that day. When we passed back by them we mouthed "thank you" to each and every one of them.

We went six days without power, but someone was sweating every hour of each day so I could have it now. Let's all remember that. Thank you to each and every worker, and thanks for a lesson well learned.

*Cynthia Williams, Linden*

### Why not bury power lines?

I enjoyed your article on "The Steps to Restoring Power" [September 1996]. It brought to mind a question I've always had: Why aren't more power lines run underground? Would this not protect them from most of the problems mentioned in the article?

*Jim Cothran, Cashiers*

*This question is not uncommon, especially after consumers see power lines damaged by a storm like Hurricane Fran. We asked our Power Supply division here at the state office of N.C. electric cooperatives to supply an answer.*

—MG

The simple answer to your question is that the cost is too high. Underground service is protected from severe weather and its effects, but the cost of material and installation prohibits its use in most cases. Installing low-voltage distribution lines underground can cost a utility two to three times as much as an overhead line at the same voltage. Higher voltage transmission lines can cost up to five times more. A typical 115-kilovolt transmission line can easily cost \$1 million per mile if it's installed underground. This translates into a substantial increase in electric bills—something that would be unacceptable to most people.

Many new subdivisions and most highly urbanized areas with tall buildings use underground electrical service. Underground service is a viable alternative in these cases because of such factors as city ordinances, the comparative cost of installation and maintenance, and the lack of alternatives, such as having no right-of-way.

There are some technical, environmental and maintenance issues that persuade utilities to install electrical service overhead, particularly high level transmission lines, but cost is by far the main reason.

### A step up on the rest

Hurricane Fran came through Smithton, N.C. Thursday evening, September 5 and we lost our power at about 8 p.m. About 20 hours later, while I was reading "The Steps to Restoring Power" in the latest edition of Carolina Country [September 1996], our power was restored!

Tideland Electric showed the same performance after Hurricane Bertha, an impressive feat considering the news that there are areas served by Duke Power and CP & L that may be without power for as much as a week.

We are so grateful to Tideland Electric Membership Corporation and their incredible ability, dedication and determination to respond to their customers' needs in times of natural disaster.

*Maggie & Harry Carpenter, Belhaven*

*Continued on page 6*





## How would you like to work from your home in your bathrobe?

You could if you were one of the 25 million Americans who are now working out of their homes. Americans are starting to understand they can no longer depend on the big corporations and government for their own security. They are starting to take responsibility for their own financial futures.

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- Can you really earn a living working from your home?
- Who is most likely to be found working from the home? Women? Men? White collar? Blue collar? Who?

With more and more Americans jumping off the corporate ladder and into home-based careers of their own, now is the time to explore the issue with George & Jeanie Douglass, America's experts on working from the home.

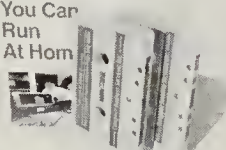
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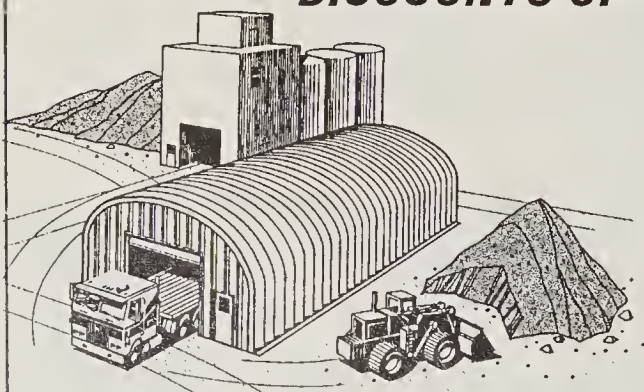


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Continued from page 5

## A calm voice in the storm

Well, the hurricane named Fran walks through our county. And then everything goes dark. Sometimes people write about what this is like when they have physical problems. I have physical problems that are serious. I also have a mental illness that many people say is bad, doesn't exist, or they don't understand.

So life is hard enough when the weather is fair, and the lights are on. When the winds and rain and more rain play loud music on the house, and there's nobody here to talk to, that is very frightening. Do you understand?

You can't think or do or see your way through. So you need to try to cope alone, with the roaring in your head and everywhere. Or you can pick up the telephone. So I pick up the telephone and a few times call the electric cooperative. Always the same lady answers. She never says "that is a silly question" or "hurry up" or "I need to do something that is more important." She tells whatever news she can. And then I feel better. Even when she says you may have to wait a few days for electricity to come back, and it makes you so afraid, you can get a picture in your head and see that you have enough water, and then you can wait.

And then in the night comes a big surprise because the electricity comes on. And the next day you're so happy that you want to turn on the washer machine and wash everything.

Some people are mad or afraid of somebody with a mental illness. They walk away from you or don't answer your important question or do other things that hurt your heart, and that is a big hurt when you are in trouble and need help. So the people who answer the phone for the electric cooperative are such a help, especially in a crisis to some of us who have an illness and are scared and confused. So please keep answering our questions, even when the storm may just be in our heads. That storm may be in your head some day or in someone you know. There are people like me who are too afraid to say these things. You don't know me, but there are many like me. I am here, not really very far away. Together, we can all weather the storm.

*We honored the request to withhold the writer's name.*

— MG

## Heat those cookies

The "Country Kitchen" recipe for "Chunky Chocolate Chip Cookies" that we published in the September magazine did not include the oven temperature. When you make them, preheat your oven to 375°



As  
Heard On  
Paul Harvey



*"After three back surgeries...I thought I would never again have a good night's sleep. Thanks to Select Comfort, I can now look forward to going to bed."*

—Conrad H., Graham, TX



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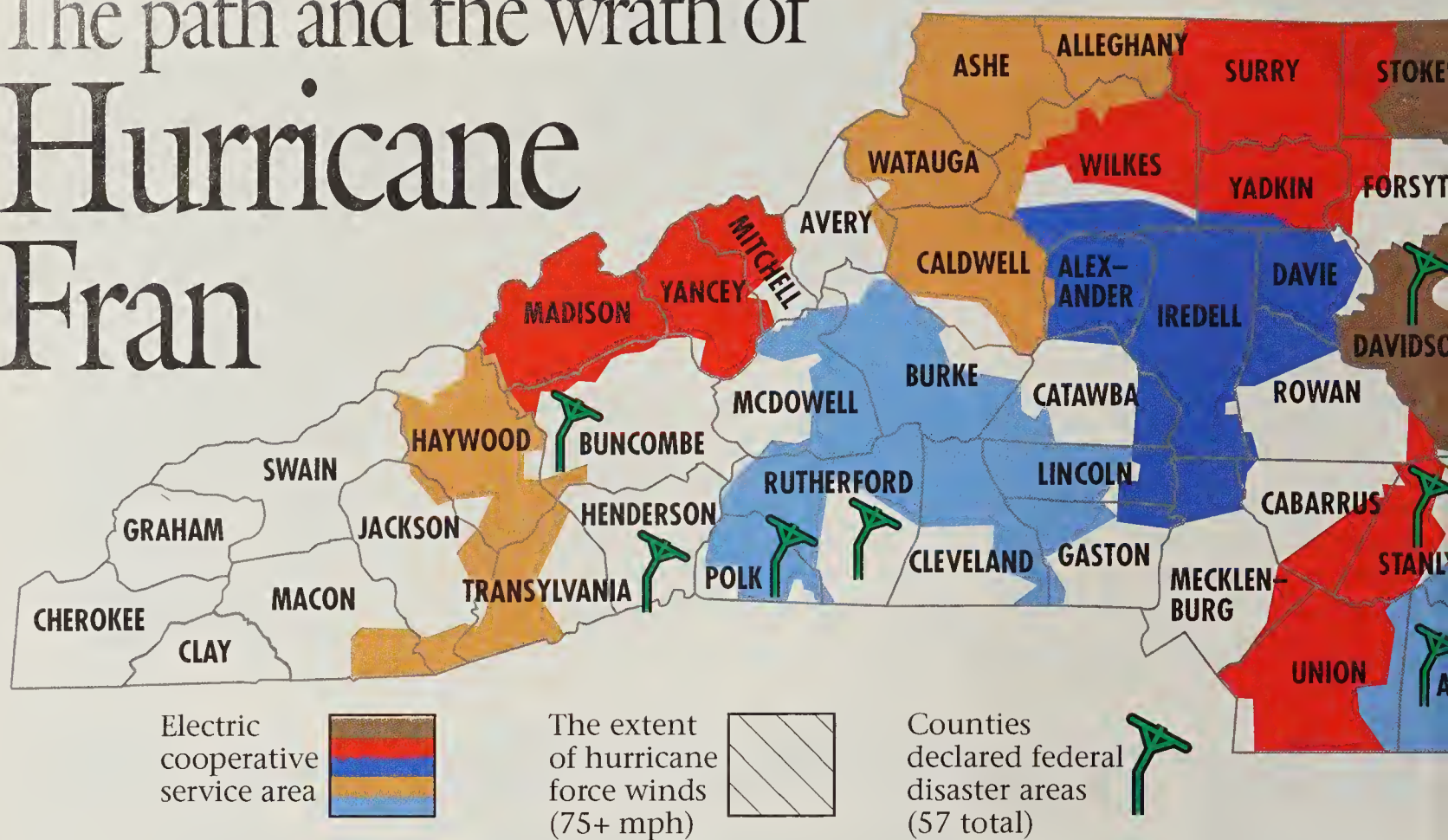
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# The path and the wrath of Hurricane Fran

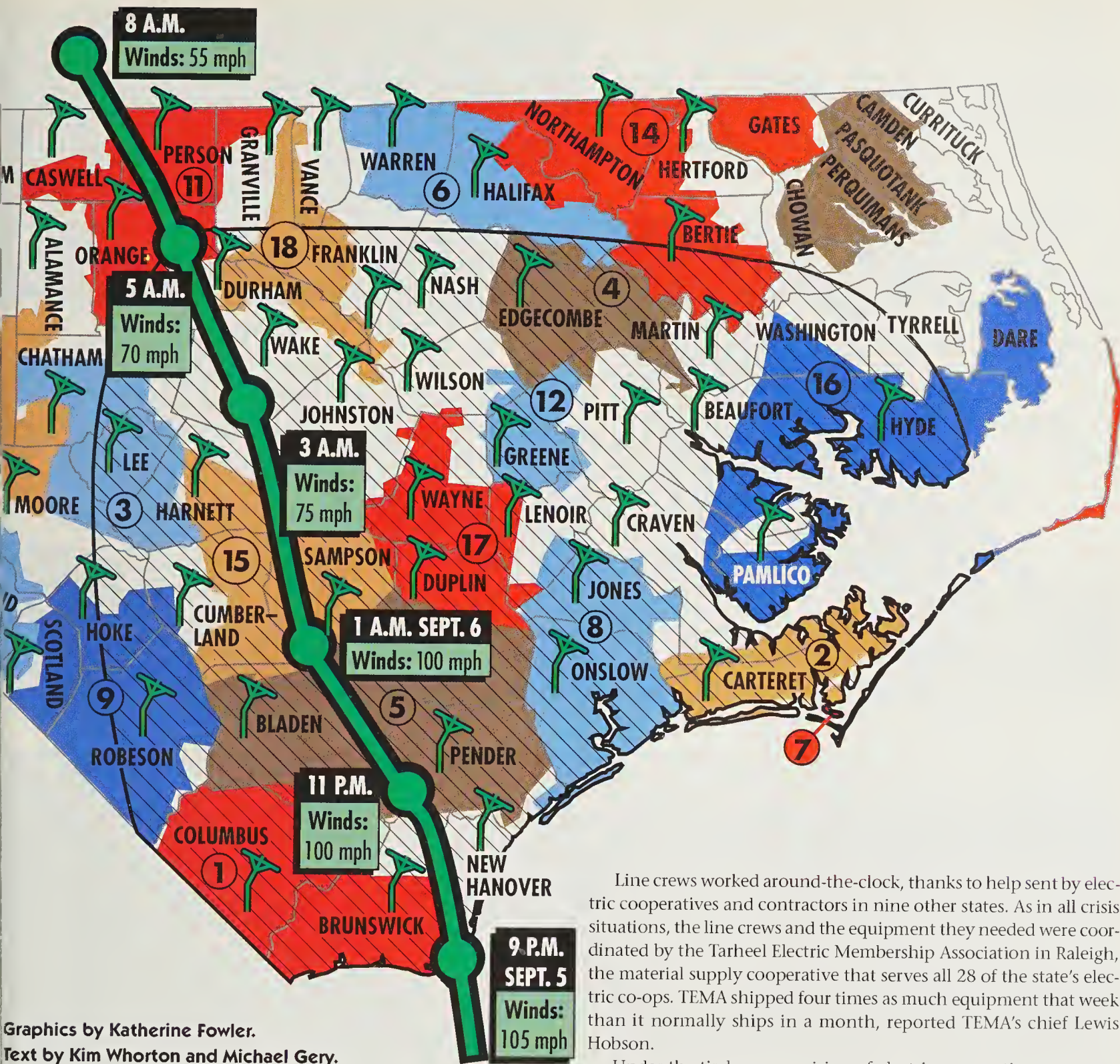


## Electric Cooperatives Most Affected by Hurricane Fran

(Approximate power outages — Date when 98% of power was restored — Estimated damages to system)

- |   |   |  |   |
|---|---|--|---|
| <p><b>1 Brunswick</b><br/>39,000 outages<br/>Restored by Sept. 7<br/>\$2 million+ damages</p>           | <p><b>6 Halifax:</b><br/>9,725 outages<br/>Restored by Sept. 10<br/>\$450,000+ damages</p>        | <p><b>11 Piedmont</b><br/>23,000 outages<br/>Restored by Sept. 13<br/>\$2 million+ damages</p>       | <p><b>16 Tideland</b><br/>19,000 outages<br/>Restored by Sept. 8<br/>\$200,000+ damages</p>         |
| <p><b>2 Carteret-Craven</b><br/>29,514 outages<br/>Restored by Sept. 8<br/>\$400,000+ damages</p>       | <p><b>7 Harkers Island</b><br/>1,205 outages<br/>Restored by Sept. 6<br/>\$15,000+ damages</p>    | <p><b>12 Pitt &amp; Greene</b><br/>7,400 outages<br/>Restored by Sept. 12<br/>\$400,000+ damages</p> | <p><b>17 Tri-County</b><br/>18,513 outages<br/>Restored by Sept. 16.<br/>\$1.2 million+ damages</p> |
| <p><b>3 Central</b><br/>13,500 outages<br/>Restored by Sept. 13<br/>\$1 million+ damages</p>            | <p><b>8 Jones-Onslow</b><br/>43,000 outages<br/>Restored by Sept. 10<br/>\$5 million+ damages</p> | <p><b>13 Randolph</b><br/>22,000 outages<br/>Restored by Sept. 9<br/>\$750,000+ damages</p>          | <p><b>18 Wake</b><br/>18,000 outages<br/>Restored by Sept. 13<br/>\$2.5 million+ damages</p>        |
| <p><b>4 Edgecombe-Martin Co.</b><br/>10,200 outages<br/>Restored by Sept. 10<br/>\$265,000+ damages</p> | <p><b>9 Lumbee River</b><br/>32,000 outages<br/>Restored by Sept. 12<br/>\$934,000+ damages</p>   | <p><b>14 Roanoke</b><br/>8,500 outages<br/>Restored by Sept. 8<br/>\$100,000+ damages</p>            |   |
| <p><b>5 Four County</b><br/>26,100 outages<br/>Restored by Sept. 14<br/>\$3,617,000 + damages</p>       | <p><b>10 Pee Dee</b><br/>9,000 outages<br/>Restored by Sept. 8<br/>\$100,000+ damages</p>         | <p><b>15 South River</b><br/>31,987 outages<br/>Restored by Sept. 12<br/>\$2 million+ damages</p>    |   |





Graphics by Katherine Fowler.  
Text by Kim Whorton and Michael Gery.

As we prepared to turn in for the night on Thursday, Sept. 5, 1996, most of us in eastern and central North Carolina had stockpiled extra batteries, water, canned goods and lamp oil, because by that time we knew Hurricane Fran was headed straight here. Many of us couldn't sleep through the sounds — wind like a freight train, trees cracking like gun shots, rain pounding like surf, and surf pounding like thunder. By dawn on Friday it was clear that Fran would go into the record books as one of the most furious.

Indeed, Fran caused more damage to North Carolina's electric distribution systems than any storm in the state's history — more than The Storm of the Century in 1993, more than Hugo in 1989, more than Hazel in 1954. At Fran's peak, over 300,000 members of North Carolina's electric cooperatives — about 43 percent of the state's total electric cooperative membership — were without power. In some systems, every single member lost their electricity. It took a full week or longer to restore power to all but the most remote of those households and businesses.

Line crews worked around-the-clock, thanks to help sent by electric cooperatives and contractors in nine other states. As in all crisis situations, the line crews and the equipment they needed were coordinated by the Tarheel Electric Membership Association in Raleigh, the material supply cooperative that serves all 28 of the state's electric co-ops. TEMA shipped four times as much equipment that week than it normally ships in a month, reported TEMA's chief Lewis Hobson.

Under the tireless supervision of electric cooperative managers, line repair teams worked day and night along with contract crews, emergency response personnel, tree services, news reporters, relief agencies, the National Guard, law enforcement, insurance agents, government disaster teams and volunteers. Communications flowed through the state Emergency Operations Center in Raleigh, also staffed throughout the week by electric co-op representatives.

President Bill Clinton declared 57 North Carolina counties as disaster areas, eligible for Federal Emergency Management Agency assistance. FEMA officials already had fanned out to assess the damage when President Bill Clinton flew over the area on Sept. 14 to inspect the scene. Among others in Raleigh, Clinton was greeted by Chuck Terrill, statewide executive vice president of North Carolina's electric cooperatives.

As Carolina Country went to press for this November issue, 18 electric cooperatives were still recovering from Fran. Restoring power was their first order of business. Calculating the damage and its effect on the balance sheet will take more time. As always during a crisis, the most valuable assets of electric cooperatives are the patience and support of their members.



# The path and the wrath of Hurricane Fran



Dan Allen

*A church in Elizabethtown took a hit from an old tree.*



*Four County EMC's Jamie Ives (astern) and Andy Paluk navigated this road by boat on their way to check power lines in Pender County.*



*A Brunswick EMC electric meter holds on for dear life on Holden Beach.*



*Jones-Onslow EMC contended with utter devastation on Topsail Island.*



Catherine O'Dell



Matt Vernon

*A Dillard Smith contract crew (far left) helped South River EMC repair fallen lines on Highway 421 outside Clinton.*

*A crew from Union EMC was welcome relief for Wake EMC, shown here near Wake Forest.*

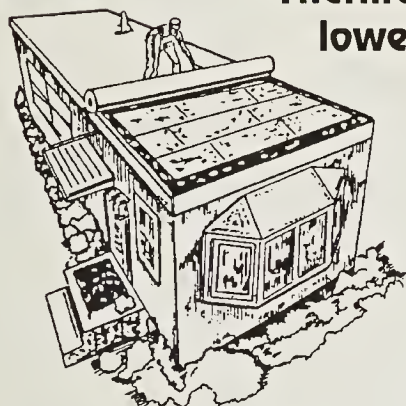


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## Electric 4-alarm chili

2 lbs. of ground beef  
2 large onions, chopped  
1 large green pepper, diced  
2 cloves garlic, minced  
1 can (16 oz.) tomatoes, undrained  
1 can (8 oz.) tomato sauce  
1 cup water  
1/4 cup chili powder  
1 tsp. each salt, paprika, oregano  
and ground cumin  
2 to 3 tsp. TABASCO® pepper sauce  
1 tsp. instant coffee powder  
2 cans (16 oz. each) red kidney  
beans, drained

*In large heavy pot,  
brown beef with onions,  
green pepper and garlic.  
Drain off fat. Add  
remaining ingredients,  
except kidney beans.  
Simmer uncovered at  
least 45 minutes,  
stirring occasionally.  
When thickened, stir in  
drained kidney beans,  
heat through and serve.*

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### MONTHLY RATES

	\$50,000		\$100,000		\$250,000		\$500,000	
	Male	Female	Male	Female	Male	Female	Male	Female
1	8.50	8.50	11.90	11.90	22.74	22.74	39.95	39.95
2	8.50	8.50	11.90	11.90	22.74	22.74	39.95	39.95
3	8.50	8.50	11.90	11.90	22.74	22.74	39.95	39.95
4	8.50	8.50	11.90	11.90	22.74	22.74	39.95	39.95
5	8.50	8.50	11.90	11.90	22.74	22.74	39.95	39.95
6	8.54	8.50	12.07	11.90	22.74	22.74	39.95	39.95
7	8.59	8.50	12.24	11.90	22.95	22.74	40.38	39.95
8	8.67	8.50	12.50	11.90	22.95	22.74	40.38	39.95
9	8.80	8.50	12.67	11.90	23.16	22.74	40.80	39.95
10	8.93	8.50	12.84	11.90	23.16	22.74	40.80	39.95
11	9.14	8.54	12.92	12.07	23.38	22.74	41.23	39.95
12	9.39	8.59	13.01	12.24	23.59	22.95	41.20	40.38
13	9.69	8.67	13.09	12.50	23.80	22.95	42.08	40.38
14	10.03	8.80	13.18	12.67	24.01	23.16	42.50	40.80
15	10.41	8.93	13.35	12.84	24.44	23.16	43.35	40.80
16	10.88	9.14	13.86	12.92	25.71	23.38	45.90	41.23
17	11.39	9.39	14.62	13.01	27.84	23.59	50.15	41.65
18	11.99	9.69	15.56	13.09	29.96	23.80	54.40	42.08
19	12.67	10.03	16.49	13.18	32.51	24.01	59.50	42.50
20	13.39	10.41	17.51	13.35	34.85	24.44	64.85	43.35
21	14.11	10.88	18.45	13.86	37.19	25.71	68.85	45.90
22	14.96	11.39	19.47	14.62	39.31	27.84	73.10	50.15
23	15.39	11.99	20.49	15.56	41.86	29.96	78.20	54.40
24	16.70	12.67	21.76	16.49	44.41	32.51	83.30	59.50
25	17.64	13.39	23.12	17.51	47.81	34.85	90.10	64.18
26	18.70	14.11	24.74	18.45	51.43	37.19	97.33	68.85
27	19.85	14.96	26.52	19.47	55.25	39.31	104.98	73.10

### MONTHLY RATES

Issue Age	\$50,000		\$100,000		\$250,000		\$500,000	
	Male	Female	Male	Female	Male	Female	Male	Female
48	21.08	15.39	28.39	20.49	59.71	41.86	113.90	78.20
49	22.48	16.70	30.52	21.76	64.60	44.41	123.68	83.30
50	24.01	17.64	32.81	23.12	69.91	47.81	134.30	90.10
51	25.63	18.70	35.36	24.74	75.86	51.43	146.20	97.33
52	27.29	19.85	38.08	26.52	82.24	55.25	158.95	104.98
53	28.77	21.08	41.06	28.39	89.04	59.71	172.55	113.90
54	30.26	22.48	44.29	30.52	96.90	64.60	188.28	123.68
55	31.71	24.01	47.77	32.81	104.98	69.91	204.43	134.30
56	33.83	25.63	51.34	35.36	113.26	75.86	221.00	146.20
57	36.21	27.29	54.91	38.08	121.34	82.24	237.15	158.95
58	39.06	28.77	58.91	41.06	130.48	89.04	255.43	172.55
59	42.42	30.26	63.92	44.29	141.95	96.90	278.38	188.28
60	46.20	31.71	70.21	47.77	156.40	104.98	307.28	204.43
61	50.28	33.83	77.86	51.34	173.61	113.26	341.70	221.00
62	54.66	36.21	86.45	54.91	192.95	121.34	380.38	237.15
63	59.25	39.06	96.14	58.91	215.05	130.48	424.58	255.43
64	64.13	42.42	107.36	63.92	240.76	141.95	476.76	278.38
65	69.62	46.20	120.36	70.21	270.94	156.40	536.35	307.28
66	74.89	50.28	134.90	77.86	305.15	173.61	604.78	341.70
67	80.96	54.66	150.54	86.45	342.98	192.95	680.43	380.38
68	88.02	59.25	168.05	96.14	384.84	215.05	764.65	424.58
69	96.22	64.13	187.68	107.36	431.59	240.76	857.65	476.00
70	105.44	69.62	206.13	120.36	483.65	270.94	961.25	536.35
71	136.30	74.89	234.09	134.90	537.84	305.15	1070.15	604.78
72	176.16	80.96	260.95	150.54	598.83	342.98	1192.13	680.43
73	222.49	88.02	290.87	168.05	666.61	384.84	1327.70	764.15
74	272.55	96.22	323.85	187.68	741.20	431.59	1476.88	857.65
75	323.68	105.44	359.72	206.13	822.59	483.65	1639.75	961.78

er amounts available upon request. Premiums are standard rates based on applicant's age at issuance of policy. Policies are non-cancelable as long as premiums are  
Premiums may be paid annually, semi-annually, and monthly bank draft only. (A no cost medical exam may be required depending on age, health, or amount  
verage desired). Policies \$50,000 and above, T-10, (Ten year Term), Policy Form No. FGL 2796-U (2-85), Level Death Benefit to age 95. Based on current assumptions,  
are projected to remain level for 10 years, and increase every 10 years until maturity. Current rates are guaranteed for the first 5 years. After 5 years, rates may be adjust-  
Policy will automatically renew every 10 years without evidence of insurability. Last renewal period terminates at age 95. Policies underwritten by Fidelity and Guaranty  
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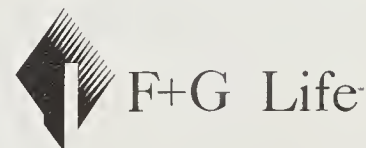
## APPLICATION REQUEST FORM

The Information you provide will be kept in strict confidence.

SS \_\_\_\_\_  
STATE \_\_\_\_\_ ZIP \_\_\_\_\_  
F BIRTH \_\_\_\_\_ MALE \_\_\_\_\_ FEMALE \_\_\_\_\_  
T OF INSURANCE DESIRED \_\_\_\_\_ TOBACCO \_\_\_\_\_ NON-TOBACCO \_\_\_\_\_  
Y PHONE \_\_\_\_\_ WORK PHONE \_\_\_\_\_  
CIARY \_\_\_\_\_  
ne conversation is needed, the best time to call me is:  
Morning ☐ Afternoon ☐ Evening ☐ ( ☐ Home ☐ Work )  
pay premiums: ☐ Annually ☐ Semi-Annually ☐ Monthly Bank Draft

SEND ADDITIONAL APPLICATIONS FOR:

E BIRTH \_\_\_\_\_ MALE \_\_\_\_\_ FEMALE \_\_\_\_\_  
T OF INSURANCE DESIRED \_\_\_\_\_ TOBACCO \_\_\_\_\_ NON-TOBACCO \_\_\_\_\_



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FGL-T10



## HOT CRAB DIP

1 (8-ounce) package cream cheese  
1 cup mayonnaise or salad dressing  
2 tablespoons lemon juice  
1 teaspoon Worcestershire sauce  
¼ to ½ teaspoon Old Bay seasoning

1 pound fresh lump crabmeat, drained  
Garnishes: sweet red pepper strips, parsley sprigs

Cook cream cheese in a heavy saucepan over low heat, stirring constantly until cheese melts. Stir in mayonnaise and next 3 ingredients. Add crabmeat and cook over low heat until thoroughly heated. Transfer to a chafing dish and keep warm. Serve with crackers and garnish if desired. Yield: 2¾ cups.

Thanks to the North Carolina Fisheries Association, Inc.

North Carolina's electric cooperatives and the N.C. Department of Agriculture invite Carolina Country readers to celebrate the bounty of our state this holiday season with foods and products grown and marketed by our neighbors and friends.

## CHICKEN CORN CHOWDER

1 stick butter  
1 small onion (sliced)  
½ cooked chicken  
10 cups chicken stock  
1 rib celery (diced)

1 tablespoons flour  
2 medium potatoes (diced)  
1 can (17-ounce) cream corn

salt and pepper  
1 pint heavy cream

Melt butter in large pot. Saute onions, celery and carrots. Add flour, blend to make roux. Cook 5 to 10 minutes (do not brown). Blend in chicken, stock and bring to a boil. Add corn and return to boil. Add potatoes and simmer 15 minutes. Season to taste. Cook until potatoes are tender. Stir in cream. Adjust seasonings. Yield: 4 quarts.

Thanks to the North Carolina Poultry Federation

## ESCALLOPED SWEET POTATOES AND APPLES

5 medium-size sweet potatoes  
2 tart apples  
¾ teaspoon salt  
½ cup brown sugar, packed  
3 tablespoons butter

Scrub potatoes, pare and slice. Pare, core and slice apples. Arrange in alternate layers in a buttered casserole, sprinkling each layer of potatoes with salt and each layer of apples with sugar. Dot with butter, cover casserole and bake in a moderate oven (375°) until both potatoes and apples are very tender and flavors are well blended, about 45 minutes. Yield: 5 servings.

Thanks to the North Carolina Apple Growers Association

A CAROLINA COUNTRY

# Holiday Feast



## CHOCOLATE PECAN PIE

1 package (4-ounce)  
sweet chocolate  
3 tablespoons butter or  
margarine  
1 teaspoon instant  
coffee

$\frac{1}{3}$  cup sugar  
1 cup light corn syrup  
3 eggs, slightly beaten  
1 teaspoon vanilla  
1 cup coarsely chopped  
pecans

1 unbaked 9-inch pie  
shell  
Coffee-flavored topping



Melt chocolate with butter in saucepan over low heat, stirring constantly until smooth. Stir in coffee. Remove from heat. Combine sugar and syrup in saucepan. Bring to a boil over high heat, stirring until sugar is dissolved. Reduce heat; add chocolate mixture. Pour slowly over eggs, stirring constantly. Stir in vanilla and pecans; pour into pie shell. Bake at 375° for 45 to 50 minutes or until filling is completely puffed across top. Cool. Garnish with Coffee-Flavored Topping and pecan halves, if desired.

**Coffee-Flavored Topping:** Combine 1 teaspoon instant coffee, 1 tablespoon sugar,  $\frac{1}{4}$  teaspoon vanilla and  $\frac{1}{2}$  cup heavy cream in small bowl. Beat just until soft peaks form. Yield: 1 cup.

Thanks to the North Carolina Pecan Growers Association

Here's where to get fresh, local foods and farm products.

## State-Operated Farmers Markets

•State Farmers Market, 1201 Agriculture Street, Raleigh. (919)733-7417.

•Charlotte Regional Farmers Market, 1801 Yorkmount Rd., Charlotte. (704)357-1269.

•Piedmont Triad Farmers Market, 2914 Sandy Ridge Rd., Colfax. (910)605-9157.

•Western North Carolina Farmers Market, 570 Brevard Rd., Asheville. (704)253-1691.

Goodness Grows in North Carolina  
NORTH CAROLINA  
DEPT. OF AGRICULTURE  
DIVISION OF MARKETING  
GOODNESS GROWS  
IN NORTH CAROLINA

The Goodness Grows in North Carolina program is specifically designed to identify top-quality products that are either grown or processed in our state. The major emphasis of the program is to heighten awareness and availability of North Carolina products to the consumer, retail and foodservice industries.

GGINC Promotions GG Update On-Line  
Flavors of Carolina Freshness From North Carolina Waters  
Link to Red Tape Brochure Commodities Page

## North Carolina goodness grows on the Web

<http://www.agr.state.nc.us>  
(NCDA's Home Page)

<http://www.agr.state.nc.us/markets/mktnws.htm>  
(Daily Farm Market Prices)

<http://www.agr.state.nc.us/markets/domestic/dom2/gginc/index.htm>  
(Goodness Grows in North Carolina Page)

<http://www.agr.state.nc.us/markets/Commidit/index.htm>  
(North Carolina Commodity Page)

## GLAZES FOR HAM



### Honey Glaze

$\frac{1}{4}$  cup honey  
 $\frac{1}{4}$  cup catsup  
2 teaspoons onions,  
minced

2 teaspoons  
Worcestershire sauce  
2 tablespoons prepared  
mustard

$\frac{1}{4}$  teaspoon fresh lemon  
peels, grated  
 $\frac{1}{8}$  teaspoon ginger

Mix together above ingredients and spread on top and sides of ham. You can put this on top of cloves stuck into the ham during baking.

### Sweet Cherry and Hot Pepper Glaze

1 16-ounce can dark sweet cherries  
in heavy syrup  
 $\frac{1}{4}$  cup sugar

2 whole yellow hot peppers, seeded,  
chopped  
2 tablespoons cornstarch

Drain cherries, reserving syrup. Chop cherries into small pieces, combine with chopped peppers, set aside. In a medium saucepan, combine sugar and cornstarch, mix well. Add enough water to reserved cherry syrup to make 1 cup; gradually stir cherry syrup into sugar mixture. Cook, stirring, over medium heat until thickened and bubbly. Add cherry-pepper mixture; reduce heat and simmer 5 minutes to blend flavors.

Thanks to the North Carolina Pork Producers Association

## EGGCITING CHEESE LOG

$\frac{3}{4}$  cup finely chopped parsley  
 $\frac{1}{4}$  cup chopped toasted pecans  
 $\frac{1}{4}$  cup finely chopped red pepper  
3 ounces light cream cheese, softened  
4 ounces blue cheese, crumbled

6 hard-cooked eggs, finely chopped  
2 tablespoons finely chopped green  
onions  
1 garlic clove, minced  
1 dash red pepper sauce

In a small bowl, combine first 3 ingredients. Set aside. In a medium bowl, beat cream cheese and blue cheese until blended. Stir in eggs, onions, garlic and red pepper sauce until blended. Shape mixture into a 10-inch log; roll in reserved parsley mixture. Cover and chill at least 2 hours. Serve with crackers. Yield: about 2 cups.

Thanks to the North Carolina Egg Association







# ALL • ABOUT CHRISTMAS TREES

## Choose and cut your own

The Christmas tradition of families exploring rows of field trees, searching for the world's greatest Christmas tree, has not lapsed in North Carolina.

According to David J. Massee, N.C. Department of Agriculture marketing specialist in Asheville, there are over 400 choose-and-cut Christmas tree farms in the state.

In addition to the fresh air and fragrant trees, many farms offer special attractions like sleigh or hay rides, hot cider or a visit with Santa Claus.

Most farms offer hundreds of trees in a variety of sizes and shapes. Once you've made your selection, you won't have to worry about the saw — the farm owner will

provide that. They also may help you cut down the tree.

In choose-and-cut, the most popular tree in the mountain area, according to Massee, is the Fraser fir. The most popular tree in the foothills and eastern areas is the red cedar and white pine.

Like all Christmas trees, these trees require several years of close attention before they are ready to decorate a family's home. From the time the tree is planted in the ground to the day it's taken home by the customer, a Christmas tree is sheared, pruned, fertilized and protected from pests and diseases so that one day it can stand as the center of the holiday celebration.

The choose-and-cut farms in your area are open for the Christmas season around December 1. To find the farm nearest you, contact one of these offices and ask about the directory.

**For eastern N.C.:**  
Laurie Wood, marketing specialist/NCDA and Eastern N.C. Christmas Tree Growers Association:  
(910) 525-3444.

**For western N.C.:**  
Pat Wilkie, N.C. Christmas Tree Association:  
(704) 262-5826.

**For eastern or western N.C. resources:**  
David J. Massee, marketing specialist/NCDA:  
(704) 253-1691.

## New ideas for displaying Christmas trees

Although celebrating Christmas with a real tree has been a Christmas tradition for over 400 years, new trends in buying and displaying real trees can add convenience and fun to your family celebration.

- Choose-and-cut farms recreate the experience and atmosphere of days gone by when Christmas trees were harvested from the forest.

- Multiple and "theme" trees are popular in larger homes and families. A main tree is displayed in the living room and other "theme" trees are on display throughout the house. Possible themes might include angels, gardening or folk art. Some families purchase smaller trees for their children to decorate.

- A table-top real Christmas tree provides an alternative for apartment dwellers and others with limited space. Long popular in Europe, this smaller version of our holiday symbol makes it easy for anyone to enjoy a fresh, fragrant, real tree.

- In some areas of the country, living trees are gaining in popularity. Living trees have their roots in tact and can be replanted outside following the holiday. NOTE: Living trees have a better survival rate in mild climates.

- How about mail order? Many catalog companies have introduced Christmas trees by mail. Buyers can place their orders in advance of the holiday season for delivery of a fresh tree, usually in early December. Mail order trees also make easy festive gifts for friends, family and business associates.

Here are a few mail order companies you may want to contact:

**Bald Mtn. Farm**  
Rt. 5, Box 71  
Boone, NC 28607  
(910) 385-6419 (fax)  
(910) 385-6419

**Cartner Christmas Tree Farm**  
PO Box 74  
Newland, NC 28657  
(704) 733-2391 (fax)  
(704) 733-2391

**Highland Fraser Firs**  
PO Box 430  
Newland, NC 28657  
(704) 733-5219 (fax)  
(704) 733-0184

**Laurel Springs Fraser Firs**  
PO Box 85  
Laurel Springs, NC 28644  
(910) 372-4168 (fax)  
(910) 372-2468

**Omni Farms, Inc.**  
1369 Calloway Gap Road  
West Jefferson, NC 28694  
(910) 982-4163 (fax)  
(910) 982-3475

Thanks to Emily Vinagre for assisting with these features.



## How to select and care for a real Christmas tree

First, test it for freshness. Gently grasp a branch between your thumb and forefinger and pull it toward you. Very few needles should come off in your hand if the tree is fresh. Second, take a look at the ground around the tree. You should not see excessive amounts of green needles on the ground. Some interior loss of brown needles is normal and will occur over the lifetime of the tree.

Once you've chosen your tree, keep it in a sheltered, unheated area such as a porch or garage to protect it from the wind and sun until you're ready to decorate it.

Before you set up your tree, make a fresh, straight cut across the base of the trunk (about a quarter of an inch up from the original cut) and place the tree in a tree stand that holds at least one gallon of water.

Real trees need water daily. Never let your tree stand go dry.

### Did you know?

- Real Christmas trees are an all-American product, grown in all 50 states including Alaska and Hawaii. Most artificial trees are manufactured in Korea, Taiwan or Hong Kong. The No. 1 Christmas tree producing state of Fraser fir is North Carolina. (N.C. Christmas trees ranked third in wholesale sales in the U.S.)

### History of the Christmas tree

One tale has it that the custom of the undecorated Christmas tree began in Germany where a group of Druids in the town of Geismar revered a sacred oak tree. In the early half of the 700s a British monk and missionary, St. Boniface came to teach Christianity to this area. During a sermon, Saint Boniface wanted to prove that the oak was not sacred and that it had no power to harm anyone. So he chopped it down, and inside the oak he found a young fir growing. He declared that the young fir was a symbol of holiness and peace. Since then, several cultures have worshipped the evergreen tree calling it the "tree of life."

Another ending to the story is that after Saint Boniface felled the tree, it toppled over crushing everything in its path except a small fir sapling. St. Boniface interpreted this as a miracle and concluded that this tree was of the Christ Child. Subsequently, Christmases in Germany were celebrated by planting fir saplings.

Another accepted belief is that a festival was held in the Harz Mountains of Germany. During this celebration young girls danced and sang songs in a circle

A seal of dried sap will form over the cut stump if the water drops below the base of the tree, preventing the tree from absorbing water when the stand is refilled. If a seal does form, another fresh cut will need to be made.

A tree will absorb over a gallon of water in the first 24 hours and one or more quarts a day thereafter. Water is important because it prevents the needles from drying and the boughs from drooping.

In addition, keep your tree away from heat and draft sources like fireplaces, radiators and television sets. Test your light cords and connections before hanging them on the tree to make sure they're in good working order. You don't want to use cords with cracked insulation or broken or empty sockets. Also, be sure to unplug lights before you go to bed or leave the house.

- There are 50 million Christmas trees grown in North Carolina. Five million are harvested each year here with a gross wholesale income of over \$90 million.

- North Carolina species include Fraser fir, Concolor fir, white pine, Virginia pine, eastern red cedar, Norway, white and blue spruces, and Leyland cypress.

around a special fir which they had decorated with lighted candles, flowers and eggs. Supposedly, the girls' dance caused the imprisonment of an imp who lived inside the fir. He could not escape and was forced to give gifts to the girls.

The history of the modern Christmas tree is said to date back to the 16th century in Germany. Around Strasbourg it was a common practice to bring trees of all kinds into houses for decoration during the Christmas season. Germans decorated the trees with roses cut of many-colored paper, apples, wafers, gilt and sugar.

The popularity of Christmas trees in Protestant countries grew with the legend that the first person to add lighted candles to a tree was Martin Luther. It is said that Martin Luther was walking toward his home one winter evening and was awed by the brilliance of the stars twinkling above the evergreens. He wanted to recapture this for his family so he erected a tree in the main room of his home and wired its branches with lighted candles. This tradition was made popular by the German Prince Albert, husband of Queen Victoria.

## Historical Research Maps

These scaled maps show the history and development of each North Carolina county showing the location of mills, rural churches & cemeteries, communities, bridges, ferries, etc.

Each map comes with a full index.

### Great Christmas Gift!

Send SASE for a price list and free Formation of North Carolina Counties Chart.

### Carolina Maps by Mail

1101 Tuxedo Ct., Charlotte, NC 28211

## WHAT FIR!

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- \* Whole Cooked Country Hams
- \* 1/2 Spiral Sliced Honey Hams
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# NEED TO PAY OFF BILLS?

## Just in Time for Fall

- Consolidate bills
- Refinance to lower payments
- Home Improvements
- New Car

## How Does Your Situation Compare?

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Mastercard	\$1,500	\$ 85.00
Visa	\$1,500	\$ 75.00
<b>TOTAL</b>	<b>\$45,000</b>	<b>\$955.00</b>

### YOUR PAYMENTS WITH A BILL CONSOLIDATION LOAN FROM THE MORTGAGE OUTLET:\*

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Consolidation Loan	\$45,000	<b>\$476.71</b>

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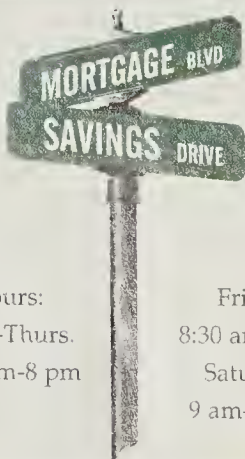
(Larger and Smaller Loans Available)

<u>Balance</u>	<u>Payment</u>	<u>Balance</u>	<u>Payment</u>
\$25,000	\$264.84	\$45,000	\$476.71
\$35,000	\$370.78	\$55,000	\$582.65

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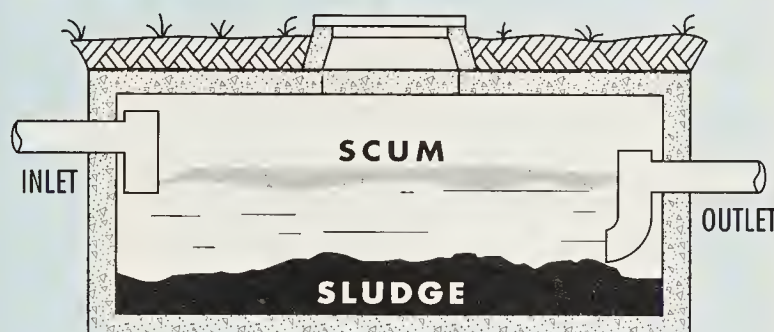
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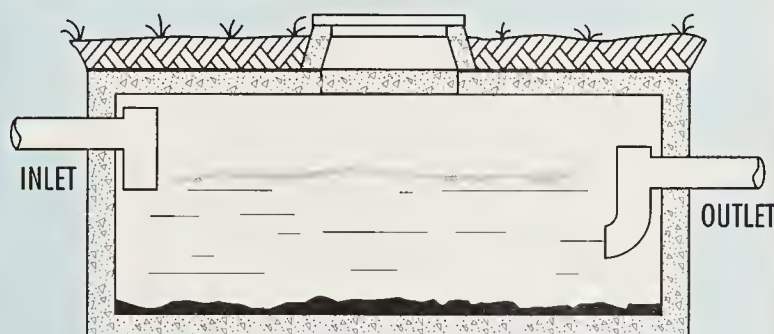
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# Books

by Peggy Howe



## About the South.

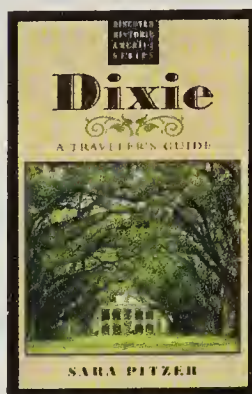
### Dixie: A Traveler's Guide

Sara Pitzer, 312 pages

Inveterate travel writer and North Carolina resident Sara Pitzer has assembled a book with the very best the south has to offer. From the Civil War to Civil Rights, the guide sets readers in the right direction to discover this compelling section's diversity and richness, combining excitement of the "New South" with the legacy of antebellum years.

Covering 11 states from Alabama to Virginia, the volume offers sites from Civil War museums, plantations and festivals to restaurants, bed and breakfasts, antiquing to French-Creole delicacies. Index, black and white photos, maps, historic tidbits, directions and addresses to contact, and instructional paragraphs enhance the text.

Available for \$15.95 (softcover) from bookstores or Globe Pequot Press, Old Saybrook, CT 06475. Phone: (800) 243-0495.



### Best of the South

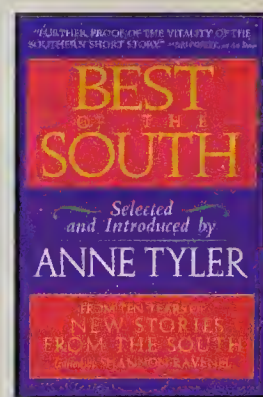
Selected and introduced by Anne Tyler, edited by Shannon Ravenel, 440 pages

For the past decade, Shannon Ravenel has read, selected and edited the best Southern stories for annual anthology described on this page. Now, best-selling fiction writer Anne Tyler has chosen her 20 favorites from the 10 years of the anthology to include in "Best of the South."

In her introduction, Ms. Tyler considers what it is that makes a story "Southern," and her selections result in a treasury of contemporary Southern literature at its beguiling best. Ms. Tyler grew up in Raleigh, graduated from Duke University and currently lives in Baltimore.

Series editor Ravenel, a North Carolina native reared in South Carolina, lives in Chapel Hill where she is editorial director of Algonquin Books.

Available for \$15.95 (softcover) from bookstores or Algonquin Books, PO Box 2225, Chapel Hill, NC 27515-2225. Phone: (919) 967-0108.



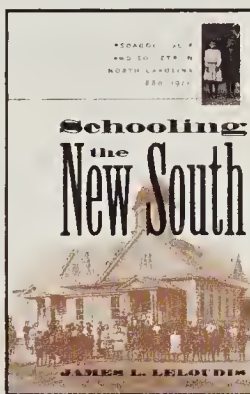
### Schooling the New South: Pedagogy, Self and Society in North Carolina, 1880-1920

James L. Leloudis, 338 pages

A vivid account of the relationship between education and society during a time of sweeping social change is offered by James L. Leloudis, associate professor of history at the University of North Carolina at Chapel Hill. He recreates North Carolina's classrooms as they existed at the turn of the century and the impact of the transition from old-fashioned common schools to modern graded schools, transforming the American South.

The book is based on the letters and reminiscences of parents, teachers and students, novels and traditional documentary sources. Completing the text are illustrations, maps and photographs, afterword, notes, bibliography and index.

Available for \$39.95 (hardcover) from bookstores or the University of North Carolina Press, PO Box 2288, Chapel Hill, NC 27515-2288. Phone: (800) 848-6224.



### 1001 Things Everyone Should Know About the South

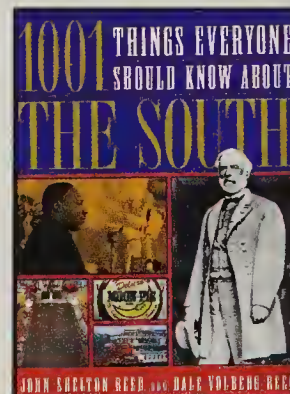
John Shelton Reed and Dale Volberg Reed, 310 pages

From Robert E. Lee to Mary Kay and Colonel Sanders, a new book covers every nook and cranny of the South with accurate, but humorous truths. Authors declare that the South is the most intriguing and misunderstood region of the country and set about to inform readers delightfully.

Every area of Southern life has an entry — mini essays on people, places, history, traditions, food and foibles — some well-known, others more obscure. Interspersed with these is a "whole mess of fun facts and outrageous information" — like how barbeque differs from state to state (it really does); where kudzu came from; how many kinds of Baptists there are; and how to identify a "Southern lady" or "good ol' boy."

Enhancing the text are photos, maps, illustrations and index.

Available for \$29.95 (hardcover) in bookstores or from Doubleday, 1540 Broadway, New York, NY 10036.



### New Stories from the South: The Year's Best

Edited by Shannon Ravenel

Continuing the tradition of excellence in its 11th year, the "New Stories from the South" series presents the work of exciting newcomers along with that of established masters including a Nobel Prize winner, a handful of well-known chroniclers of the "new South," and, as always, some new discoveries.

The volume includes even a story from the colossus of the South, William Faulkner. Faulkner's story is included as a "new story" because his 1930 story, "Rose of Lebanon," never published, was omitted from the 1979 edition of his "Uncollected Stories."

Authors for the 1996 anthology include Robert O'len Butler, Janice Daugharty, Ellen Douglas, Kathy Flann, David Gilbert, Jill McCorkle, Tom Paine and Annette Sanford. Also, Moira Crone, J. D. Dolan, William Faulkner, Tim Gautreaux, Marcia Futhridge, Robert Morgan, Susan Perabo, and Lee Smith.

Available for \$11.95 (softcover) from bookstores or Algonquin Books, PO Box 2225, Chapel Hill, NC 27515-2225. Phone: (919) 697-0108.



# Making Cents of Your Electric Bill

by James Dulley



**A casual living space that's also good for growing plants and producing supplemental heat.**

There are many new designs and styles of sunroom kits available for even the inexperienced do-it-yourselfer. Some manufacturers offer more than 140 standard kit sizes with many options like screening, vents, efficient fans, multiple doors and movable shading.

Many of the new do-it-yourself sunroom kits literally bolt together like huge erector sets. All parts are pre-cut, pre-drilled and color-coded. They include instructional video tapes and all the required screws (rustproof stainless steel), seals, etc. Once the ground area is prepared, one can be erected over a weekend.

The key to annual net positive energy flow from a sunroom is adequate thermal storage in the floors and walls, movable insulation and an air distribution method to get the heat into your house.

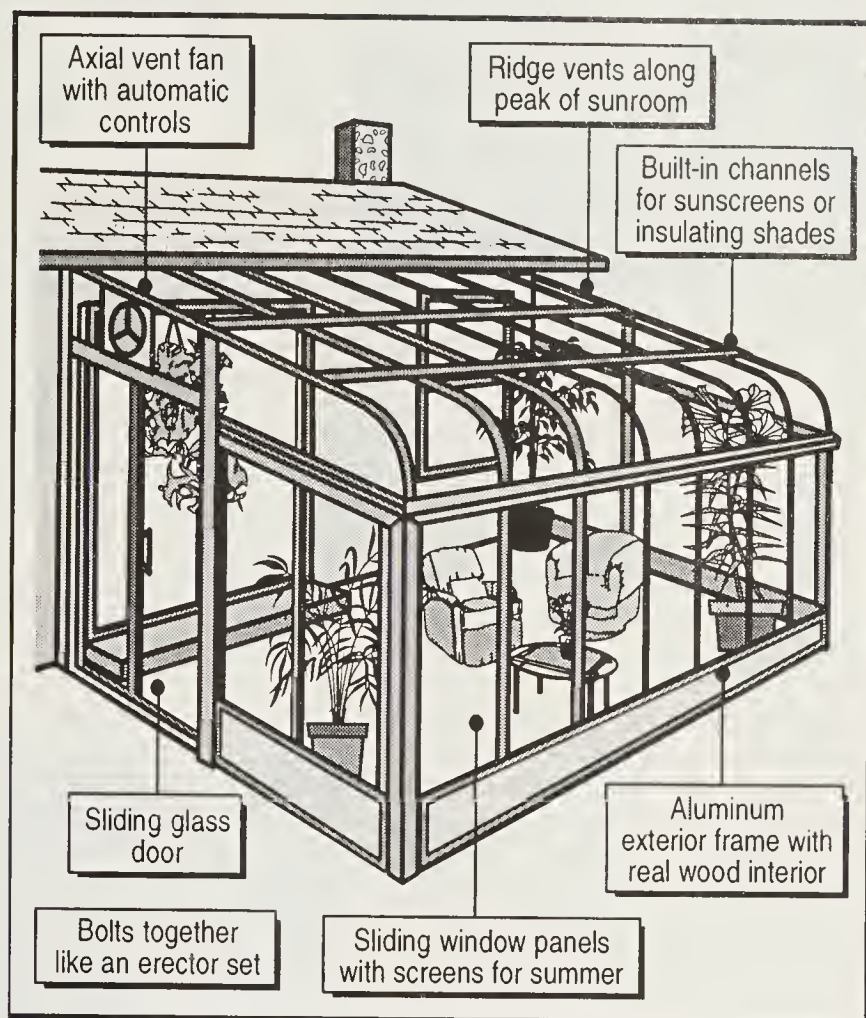
The least expensive kits use aluminum extrusion frame members and special double-pane clear plastic glazing that is shatterproof and ultraviolet (UV) stabilized to resist the sun's damaging rays. Clear acrylic or super-tough polycarbonate (bulletproof glass) is also used in some kits to produce a lightweight, strong sunroom.

Many of these lightweight kits are designed to be built right over an existing deck. Check your local building codes first to make sure this is acceptable in your area.

One sunroom kit that is convertible to a porch has quick-change clear acrylic plastic thermal window panels that snap out to expose screens. This creates a summer porch. These lightweight panels are sized to store neatly behind the lower clear plastic panels. There also are built-in, flip up roof vents to create a natural comfortable breeze throughout the sunroom/porch.

The frame material has a great impact on aesthetics and energy efficiency. Extruded aluminum is strong and simple to assemble. In all but the mildest climates, choose an aluminum frame with plastic indoor-to-outdoor thermal breaks. This saves electricity and

## Sunroom kits



Do-it-yourself sunroom kits are attractive and efficient

blocks condensation.

Wood framing is more expensive, but it is attractive and offers more design flexibility. Wood is also a better natural insulator. A curved eave (curved transition between the front and roof) is especially attractive. The glass is also curved with no seams for an unobstructed view outdoors.

One new sunroom kit, by SunRoom Design, uses an aluminum exterior frame which is covered with a heavy natural oak wood veneer on the interior. This unique design uses super-strong interlocking wood/aluminum joints instead of adhesives. With the high humidity from plants in most sunrooms, veneer attached with only adhesives can sometimes delaminate.

The type of glazing is most important for an efficient comfortable sunroom. Clear or tinted double-pane, low-e argon or Heat Mirror glass is most efficient. Double-pane crystal clear acrylic plastic is also effective. If you plan to use your sunroom just for start-

ing plants, single pane glazing is adequate and less expensive.

During the summer, adding afternoon shading can increase comfort. Several kits have built-in frame channels to hold sun-blocking screens or shades. Some use manual crank screens or shades. Others have motorized shades that can be controlled by automatic sun and temperature sensors.

Write for Utility Bills Update No. 764 showing a buyer's guide of 14 sunroom kit manufacturers and accessories listing designs, styles, frame types, glazing options, ventilation and shading options, prices, materials heat capacity chart and a greenhouse plant selector guide. Please include \$2 and a business-size SASE. Send it to James Dulley, Carolina Country, 6906 Royalgreen Dr., Cincinnati, OH 45244

©1996 by James Dulley, an energy expert and syndicated columnist in Cincinnati.





John White's "Indian Man and Woman Eating." The food is hominy.

# An earlier Thanksgiving

## in coastal North Carolina, 1584

By Michael E.C. Gery

**T**he American Thanksgiving tradition may have begun when the English settlers on coastal Massachusetts had dinner with the Algonquian natives they knew in the 1620s. But on coastal North Carolina, the Europeans and the American natives feasted together a generation earlier.

We know that good times did not last long between the European settlers and the Algonquians. Of the 17,000 North Carolina coastal plain aborigines believed to have lived here when white men first joined them in the latter 1500s, only about 5 percent remained 200 years later. A great many died of new diseases. Others just moved on. Still others became part of the society we know today.

In the spring of 1524, Verrazzano and his crew of Frenchmen found the local Algonquians "very courteous and welcome." The French sailors tried to abduct a child and a tall Indian woman about 18 years old from what is now the Dare County area, but the woman cried so woe-fully that she and the child were let free. Verrazzano called the area Arcadia, "owing to the beauty of its trees."

In 1525, a Portuguese captain Estavo Gomez took a group of natives from these parts to Spain, but the Spanish reportedly protested the act, and Gomez set the captives free in Spain.

Stray white men no doubt landed on the Outer Banks during the ensuing years. Some may have acclimated themselves to the Algonquian way of living. At the time, Algonquian communities spread throughout what is today northeastern North Carolina. The local tribes descended from Algonquian of northeastern America, whose ancestors had migrated across Canada during some 12,000 years previously. Some say the tribes were pushed down this way because they were weak people; but they may have simply liked the climate and the promise of the place.

By the year 1000, the Algonquians were well established in eastern North Carolina. Over the next 600 years they developed a civil and healthy society of at least 7,000 persons in many villages located between southeastern Virginia and Cape Lookout. They lived in houses covered with bark and woven grass mats, and they frequented seasonal fishing and hunting camps. They danced to spirits in temples and around bonfires, ate great food

from the woods, water and gardens, smoked tobacco and drank yaupon tea, and fought with other tribes from time to time.

Most of the coastal residents spoke the Algonquian language. Iroquoian-speaking people lived farther inland, west of the Chowan River, and they extended to the Cape Fear area. Also, some Siouan-speaking tribes occupied territory in eastern North Carolina. Differing languages and customs kept the various confederacies from embracing one another socially.

The Chowan (an Algonquian term translated as "people at the

South") lived along the Chowan River and were the most powerful Algonquian of the region, with a population estimated at 1,500 in the year 1600. The Weapemeoc were related to the Chowan and the Virginia Powhatan, and they lived in today's Perquimans, Pasquo-tank, Camden and Currituck counties. The Secotan ("burned place") occupied the coastal territory from below Albemarle Sound west to today's Beaufort County and south into most of Hyde County. The Machapunga ("bad dust" or "much dirt") were Secotan descendants who lived in the mainland Hyde County area, and they had a village called Mattamuskeet. Secotan also included the Roanoke tribe and members of the Croatoan area. "Croatoan" appears in some 17th century maps as located on today's Dare County mainland, but earlier English referred to the residents of the Outer Banks as Croatoan as well. Manteo was a chief among them. The group of barrier island people who lived, probably seasonally, in today's Buxton woods territory, later were known as the Hatteras ("there is less vegetation").

"It was the equivalent of the Middle East today," says Wynne Dough, director of the Outer Banks History Center in Manteo, referring mostly to intertribal relations. "The Algonquian were utterly unrelated to people west of here."

### Englishmen get a taste of Indian cuisine

When the first of Sir Walter Raleigh's expeditions, led by Capt. Arthur Barlowe, arrived on Roanoke Island in the summer of 1584, the local people offered the newcomers deerskin in trade for swords so they could fight some nearby warriors. The Englishmen did not



Raleigh's 1585 expedition to America included artist John White, whose drawings are the earliest surviving pictures of life here. This is the village of Secotan (today's Dare County mainland).





*"Arrival of the English," engraving by Theodor de Bry, based on a sketch by John White, 1585, shows ships arriving from the east. Visible are the Outer Banks and parts of the Pamlico, Albemarle and Currituck sounds, plus names of Algonquian villages.*

yield their swords, Barlowe reported.

The name of the area then was Windgancon (translated from Algonquian as "you wear gay clothes"). The werowance or king was Wingina, who lived on the mainland in the village of Dasamonquepeuc in today's Mann's Harbor. The mainland people canoed to Roanoke in good weather and had a seasonal village there. The king's brother, Granganimeo, greeted Barlowe's ship one day while it was at anchor in the sound, and he accepted gifts of food, a hat and a shirt. Granganimeo in turn gathered a canoe-load of fish and presented it to the English. Was this the first Thanksgiving between English colonists and Algonquians?



*"Cooking in a Pot" (showing corn and other unknown foods) and "Cooking Fish" (showing the Algonquian broiling method, possibly shad).*

Granganimeo continued to send food to the English that summer, including, said Barlowe, "a brace or two of fat bucks, conies [rabbits], hares, fish ... divers kinds of fruits, melons, walnuts, cucumbers, gourds, peas, and divers roots ... and of their corn, which is very white, fair and well-tasted."

Perhaps a more festive occasion, also more like our traditional vision of Thanksgiving, occurred less than a month later in August 1584 when Barlowe and seven men had dinner at Granganimeo's house. The English had sailed 20 miles up today's Croatan Sound that day, and on their way back stopped at Granganimeo's Roanoke village on the north end of the island. Granganimeo was out of town, but his wife welcomed the Englishmen, served them dinner in a comparatively spacious, five-room longhouse, and invited them to stay the night. Barlowe figured the eight men would be more comfortable aboard ship and declined the invitation. So their hostess packed them supper and asked 30 women and a few men to accompany the vis-

itors to the ship. During the evening, Barlowe reported, the women on shore continued to invite the sailors to "rest in their houses."

A year later, manners had broken down. Granganimeo welcomed the second Raleigh expedition, but good relations didn't last. The newcomers could not grow comfortable with the local habits, and the Roanoke were just as mystified by the white men. As Roanoke people sickened and died of strange new diseases (smallpox, typhus), they noticed the white men weren't as affected. They also were curious why these men had no women with them. "These white men are immortal," some Roanoke people surely wondered.

Ralph Lane, a military man, was the new English governor on Roanoke in 1585. After a Roanoke local took a silver cup from the English colony, Lane ordered an assault on the suspect's village and reported that the Englishmen "burned and spoiled their corn and town, all the people fled."

Nevertheless, Granganimeo's father, revered as the local community priest, convinced his other son, king Wingina, and the community to help the English survive the winter of 1585-1586. Wingina, meanwhile, plotted with neighboring tribes to rid the island of the whites.

Wingina saw his brother and father die that year, perhaps of disease. Ralph Lane expected trouble and sent a peace party to Wingina's mainland village. There, the English shot and killed the king and his men.

It is no wonder that difficulty with their Indian neighbors beset the 112 English men and women who came to live on Roanoke Island the next year, 1587. The Algonquian communities survived; the sole English community did not. The English colony was "lost."

### ***From "An Account of the Indians of North Carolina," by John Lawson***

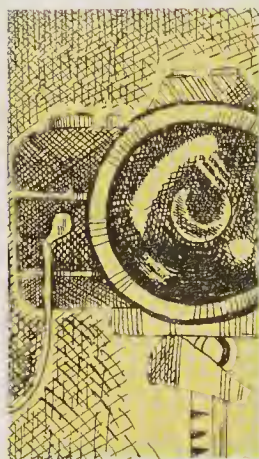
In 1701, John Lawson, "gentleman surveyor-general of North Carolina," traveled with local guides from the South Carolina coast through the Piedmont then generally along the route of today's Highway 264 to Washington and the Pamlico River. He wrote a long "natural history" and a detailed and sympathetic description of the local tribes of the time, published in London in 1709. By then, relations among the Europeans and the natives had deteriorated. Applying the "Indians" term Columbus used, Lawson called them "the freest People in the world, and so far from being Intruders upon us, that we have abandon'd our own Native Soil, to drive them out, and possess theirs."

### **A sampling of their food**

As to the Indians food, it is of several sorts, which are as follows.

Venison, and Fawns in the bags, cut out of the Doe's Belly; Fish of all sorts, the Lamprey-Eel excepted, and the Sturgeon our Salt-Water Indians will not touch; Bear and Bever; Panther; Polecat; Wild-cat; Possum; Raccoon; Hares, and Squirrels, roasted with their Guts in; Snakes, all Indians will not eat them, tho' some do; All wild Fruits that are palatable, some of which they dry and keep against Winter, as all sorts of Fruits, and Peaches, which they dry, and make Quiddonies, and Cakes, that are very pleasant, and a little tartish; young Wasps, when they are white in the Combs, before they can fly, this is esteemed a Dainty; All sorts of Tortois and Terebins; Shell-Fish, and Sting-ray, or Scate, dry'd; Gourds; Melons; Cucumbers; Squashes; Pulse of all sorts [peas and beans]; Rockahomine Meal, which is their Maiz, parch'd and pounded into Powder; Fowls of all sorts, that are eatable; Ground-Nuts, or wild Potato's; Acorns and Acorn Oil; Wild-Bulls, Beef, Mutton, Pork, &c. from the English; Indian Corn, or Maiz, made into several sorts of Bread; Ears of Corn roasted in the Summer, or preserv'd against Winter.





## Carolina Country news.

### Harleys & Lunch

An unpretentious two-story structure off U.S. Highway 64 West near Asheboro is probably the only one of its kind in the world. Since 1993 it has housed a restaurant and retail sales area on the first floor and a motorcycle museum on the second.

The museum displays about 30 Harley-Davidson cycles, some original, others restored. The earliest of these, a 1936 "Knucklehead," is one of only two known to exist in its original condition. A 1950 model with an original package truck used to deliver the Wilmington Star-News is of special interest. A 1972 Model FLH with 29,000 miles on its odometer is the latest model. One wall of the museum is papered with covers of *The Enthusiast*, a magazine for cyclists, dating from June 1934 to June 1956. One room of the museum is a reproduction of a retired H-D dealer's shop in Greeneville, Tenn., with several parts and accessories from a former Danville, Va. dealer's shop.

At the rear of the building is a repair shop for Harley-Davidson cycles. Open seven days a week, this shop is operated by Larry Kessler, a factory-trained technician who began riding cycles as a teenager. The oldest bike he has repaired is a 1932 model.



Museum owner-operator Ed Rich has been a bike rider for 25 years. His wife, Ginny, and 20-year-old son Tim are also bike riders.

The sales area features numerous attractively-arranged H-D items, including helmets, jackets, T-shirts, caps, ties, even a few cycles.

The most recent addition to the building is a 50-seat restaurant called the Heritage Diner, which opened in January. Specializing in home-cooked food, the diner is open seven days a week until 3 p.m. and offers a variety of edibles on its menu. For breakfast, flywheels (waffles), spark plugs (biscuits), and saddle bags (side orders) are available. Lunch options include an oil cooler (cold plate), low ride (salad), and Daytona (chopped pork barbecue).

Fluids (beverages) supplement the solid victuals. The diner's walls are plastered with photos of bikes and bikers covering the period from the 1920s to the 1960s. Sandwiched between photos on one wall is a framed copy of a 1948 North Carolina motor vehicle registration certificate for a 1942 H-D.

Visit the museum at 1172 Highway 64 West, Asheboro, N.C. 27203. Phone: (910) 629-0853.

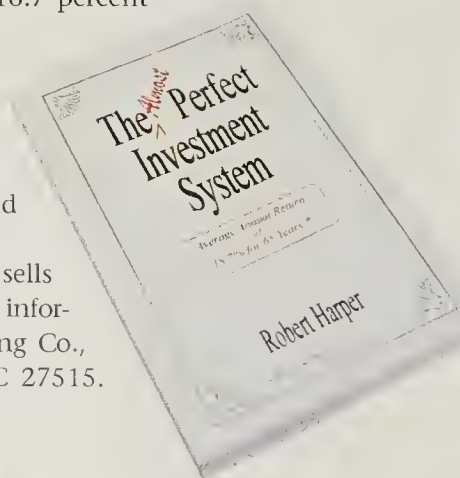
— Al Stewart

### "(Almost) perfect" investments

Chapel Hill publisher has released a new book intended to help individuals make investments. "The (Almost) Perfect Investment System," by North Carolina native and businessman Robert Harper, offers a simple description of historic timing patterns and describes investing in no-load, low expense index mutual funds. His "historical indicator timing strategies," tested since 1929, claims an average annual compounded return of 18.7 percent for 66 years.

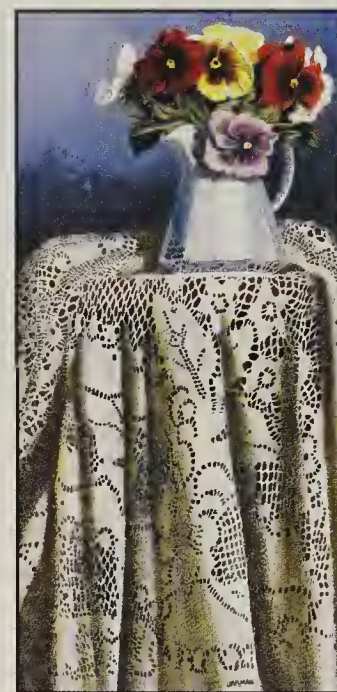
The strategies do not require rapid market trading. The text is easy to read and provides year-by-year tracking and directions. Strategies are offered for young and older individuals and families.

The 286-page softcover book sells in bookstores for \$19.95. For more information, contact Halifax Publishing Co., P.O. Box 2598, Chapel Hill, NC 27515. Phone: (919) 823-1427.



### "Old Favorites" for First Night Piedmont

North Carolina artist Harry Jarman painted this year's art for the First Night Piedmont '97 event in the Triad. His image of "Old Favorites" will appear on the logo and ticket-button associated with the New Year's Eve family event. Limited edition lithographs are available for \$85, and proceeds benefit the First Night program. For information, call (910) 945-9900 or (910) 722-0066.



### Aerosols are free of CFCs

The Consumer Aerosol Products Council wants people to know that today's common aerosol cans do not contain CFCs (chlorofluorocarbons), substances known to deplete the ozone layer of the earth's atmosphere. The education campaign is under way, the council says, because a recent poll showed that 65 percent of Americans do not know that aerosol products have not contained CFCs since 1978, the year the U.S. Environmental Protection Agency prohibited the use of CFC propellants.

The consumer council says that Americans use more than 1,500 different kinds of aerosol products, and that they do not contain the CFCs.

For information about aerosols, their safety and disposal, contact Consumer Aerosol Products Council, 1201 Connecticut Ave., NW, Suite 300, Washington, DC 20036. Phone: (202) 833-9471.



## Photo journey through historic Macon County

Visitors and locals alike can enjoy a new guide book to Macon County in western North Carolina. "Little Journeys" takes readers on three easy travel loops through the county, introducing 25 historic and scenic sites in dramatic black and white photographs. The pictures are

by Hildegard Sandhusen, who moved to Franklin in 1980 after a career as a freelance and studio photographer, including work with German picture magazines and Life magazine.

The 54-page book, printed on sturdy coated stock, includes directions, a map guide, space for field notes and historical background text of

the places pictured. The text is by Barbara McRae, publisher and former president of the Macon County Historical Society, who is known for the local history column she wrote for 20 years in The Franklin Press.

"Little Journeys: A Photo Tour Guide Through Historic Macon County," is available for \$10.95 postpaid (N.C. residents add 66 cents sales tax) from Teresita Press, P.O. Box 1114, Franklin, NC 28744. Phone (704) 524-7288.

## Medicines: The Inside Story

The North Carolina Museum of History opens a multifaceted exhibit this month exploring the past, present and future of medicine. Visitors will be able to contrast 1920s and 1990s pharmaceutical labs and see how medicine is created and works. Special presentations include visits by medical professionals, a health fair, and the applications of science and history. The exhibit continues through December 1. The Museum of History is at 5 East Benton St., Raleigh, NC 27601. Phone: (919) 715-0200.

## ATTENTION SENIOR HOMEOWNERS

The United States Department of Housing and Urban Development has a mortgage loan program tailored to the needs of seniors.

This new benefit allows you to receive cash advances from the equity in your home to use for any purpose, with no repayment required, as long as you maintain your home as your primary residence.

There are minimal out-of-pocket expenses required to get into the program, and you will receive consumer education from a HUD-approved non-profit counseling agency.

Call the the local HUD/FHA approved lender listed below for more information.

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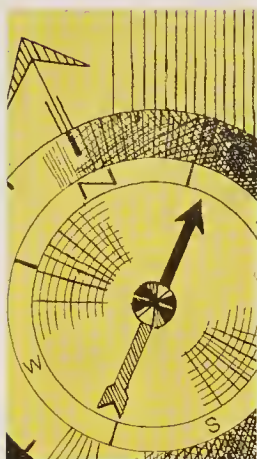
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# Here, There and Everywhere



**Nov. 2 – Dec. 8**

## Storytelling

*Nov. 2, Wake Forest*

3rd annual Tell at the Oaks festival with an Appalachian theme includes tales, games, crafts. South White St. Parking Lot. (919) 554-1972.

## Holidays in Bloom

*Nov. 7, Statesville*

A fund-raiser featuring floral tablescapes, catered luncheon, and auction. 9:30 a.m. to 12:30 p.m. at Broad Street United Methodist Church. \$30 tickets. Reservations (704) 873-4734.

## Gingerbread Craft Fair

*Nov. 7-9, Winston-Salem*

Arts, crafts, fresh-baked goods, door prizes, and homemade items at the famous Gingerbread Kitchen. Odd Fellows Lodge. 9 a.m. to 9 p.m., Thursday and Friday; 9 a.m. to 5 p.m., Saturday. Free. (910) 768-7957 or (910) 699-8272.

## Cozy Cottage Craft Sales

*Nov. 8-9, Kernersville*

Handmade crafts, holiday decorations, baskets and gift items. Kernersville Community House. Noon to 8 p.m., Friday; 9 a.m. to 3 p.m., Saturday. (910) 993-2260.

### Deadlines

Deadlines for submitting notices.

January issue..... November 25  
February issue..... December 25  
March issue..... January 25

We welcome photos and illustrations of coming events. Send notices to Colendor, Carolino Country, P.O. Box 27306, Raleigh, N.C. 27611.



*It's that time of year again.*

## Mistletoe Show and Sale

*Nov. 8-10, Elizabeth City*

Craft booths, food, door prizes, Bobby the Clown and Santa Claus at Knobbs Creek Recreation Center. Adults \$2, ages 6-18 and senior citizens \$1, and under 5, free. (919) 264-3808.

## Holiday Arts and Crafts

*Nov. 8-10, Statesville*

24th annual show with over 50 artisans, plus meals and door prizes. At National Guard Armory, 10 a.m. - 8 p.m. Friday, 10 a.m. - 6 p.m. Saturday, 1 - 5 p.m. Sunday. (704) 878-2688.

## North Carolina Fossil Fair

*Nov. 9, Beaufort*

Sponsored by the NC Maritime Museum and the NC Fossil Club. Fossil hunts, exhibits and raffles. 10 a.m. to 5 p.m. Free. (919) 728-7317.

## Bluegrass Tribute

*Nov. 9, Terrell*

Celebration honoring Bill Monroe, father of Bluegrass. Cross Country Camp Ground Music Hall. 6 to 11 p.m. \$6 adults, children free. (704) 279-5674.

## Baby-sitting Classes

*Nov. 9, 16, 23, Elizabeth City*

Sponsored by Greater Albemarle Area Chapter of American Red Cross. 8 a.m. to 1 p.m. (919) 335-2185.

## "Peter Pan"

*Nov. 8-10, Lexington*

Performance by the Lexington Youth Theatre at Edward C. Smith Civic Center. 7 p.m. Friday and Saturday, 2 p.m. Sunday. (910) 956-2178.

## North Carolina Symphony

*Nov. 14, Southern Pines*

Concert with Tamaki Kawakubo, violinist. In the Robert E. Lee Auditorium at Pinecrest High School. (910) 692-4356.

## Wild Game Festival

*Nov. 15-16, Pembroke*

Arts and crafts, traditional Native American foods, hide tanning demonstrations, and more. At N.C. Indian Cultural Center. Free. (910) 512-2433.

## "Writers' Paths: Roots and Routes"

*Nov. 15-17, Durham*

Writers' fall conference. Workshops, readings, panel discussions, focus groups, and critique sessions. Over 400 writers, readers, editors, publishers. At Omni Durham Hotel. (919) 967-9540.

## Angelfest

*Nov. 16, Arapahoe*

Homemade and professionally made Christmas decorations with an angels theme. At the Arapahoe United Methodist Church. (919) 249-0914.

## First Aid & Safety Classes

*Nov. 16, Elizabeth City*

Sponsored by Greater Albemarle Area Chapter of American Red Cross. 8 a.m. to 6 p.m. (919) 335-2185.

## Pigeon and Dove Show

*Nov. 16, Mount Airy*

2nd annual show by Foothills Pigeon and Dove Club. 8 a.m. to 5 p.m. at The National Guard Armory. Over 500 birds. Judging begins 9 a.m. (910) 351-3835.

## Southmont Craft Show

*Nov. 16, Southmont*

Handmade crafts, baked goods and hot dogs. 10 a.m. to 2 p.m. at the Southmont Civic Center. (910) 798-3537.





North Carolina maps on display at N.C. Wesleyan through Dec. 8.

**Folklife Festival**

**Nov. 16-17, Huntersville**  
Revolutionary War-era re-enactment at the Historic Latta Plantation, including wood crafting, pottery, face painting, quilting. 10 a.m. to 4 p.m. \$4 adults, \$3 children. (910) 875-2312.

**Community CPR**

**Nov. 19, 21, Lexington**  
Sponsored by the Lexington/ Davidson Chapter of the American Red Cross. 6 to 10 p.m. (704) 246-2205.

**Native American Celebration**

**Nov. 22, Windsor**  
Native American music, dance and exhibits at Historic Hope Plantation. 10 a.m. to 6 p.m. (919) 794-3140.

**"Brigantine" Concert**

**Nov. 23, Beaufort**  
Traditional Celtic music and seafaring songs. Musicians David Stronge and Suzanne Tarr. 8 p.m. \$8 at North Carolina Maritime Museum. (919) 728-7317.

**Tellabration '96**

**Nov. 23, Blowing Rock**  
An evening of storytelling, mountain tales, musical tales, new tales of local humor. At Blowing Rock Arts Center. (910) 877-4110.

**Tellabration '96**

**Nov. 23, Durham**  
International evening of storytelling for grown-ups at the Eno River Unitarian Universalist Fellowship, Garret Rd. \$5. (919) 782-4872.

**Christmastown Express Parade**

**Nov. 23, Concord**  
50-unit parade sponsored by the Cabarrus Chamber of Commerce. (704) 782-4111.

**"Hansel & Gretel"**

**Nov. 23, Southern Pines**  
Presented by Opera Carolina at the Performing Arts Center. 11 a.m. \$4. (910) 692-4356.

**Gospel Singing**

**Nov. 23, Valdese**  
Three groups: Promised, The Homeland Trio and The Laurel Mtn. Singers. 7 p.m. at Old Rock School. Love offering. (704) 732-3478.

**Everyone is Welcome**

**Nov. 23, Washington**  
Mother of Mercy Catholic Church Christmas Fair. Wood crafts, crochet, knitting, baked goods, canning. 9 a.m. to 8 p.m. (919) 946-2941.

**Southeastern Collectible Expo**

**Nov. 23-24, Greensboro**  
700 tables of antique and collectible toys. The Greensboro Coliseum Complex. 9 a.m. to 4 p.m., Saturday; 10 a.m. to 4 p.m., Sunday. \$4 adults, \$1 children. (704) 276-1670.

**Christmas Open House**

**Nov. 24, Cameron**  
Specialty displays. At antique shops. 1 to 5 p.m. (910) 245-7042.

**Pottery Festival**

**Nov. 24, Seagrove**  
Pottery exhibit and sale at the Seagrove School gym. 1 to 7 p.m. (910) 873-7887.

**In Concert**

**Nov. 24, Thomasville**  
Pianist John Troutman (classical, pop) and guitarist Larry Davis (jazz, classical) at the T. Austin Finch Auditorium at 2:30 p.m. \$7 adults, \$5 students and seniors. (910) 472-6300.

**"A Thanksgiving Special"**

**Nov. 26, Shelby**  
With the Keys of Harmony. 7:30 p.m. in auditorium, Cleveland Community College. \$3. (704) 484-4025.

**North Carolina Symphony**

**Nov. 27, Pinehurst**  
Holiday Pops Concert in the Grand Ballroom of the Pinehurst Hotel. 8 p.m. (910) 295-8415.

**Thanksgiving Day Scramble**

**Nov. 28, Shelby**  
Captain's choice tournament. Begins at 9 a.m. River Bend Golf Club. \$40. (704) 482-4286.

**Holiday Craft Show**

**Nov. 29-30, Buxton**  
Presented by the Hatteras Island Arts & Crafts Guild at Cape Hatteras School. Cross stitch, baskets, carvings, water colors. 10 a.m. to 6 p.m., Friday; 10 a.m. to 4 p.m., Saturday. (919) 955-5179 or (919) 995-5829.

**Christmas Arts and Crafts**

**Nov. 29-30, Lincolnton**  
Annual show and sale with concessions and music. 9 a.m. to 7 p.m. each day. \$2 or \$1 plus 2 cans of food. (704) 735-7735.

**Country Craft Fair**

**Nov. 30, Fremont**  
Handmade crafts in the historic site's visitor center. Living history demonstrations. Aycock Birthplace State Historic Site, 10 a.m. to 3 p.m. Free. (919) 242-5581.

**Crafts Fair**

**Nov. 30-Dec. 1, Ft. Bragg**  
Crafts and food at the Lee Physical Fitness Center. \$1. (910) 396-3919.

**Standard First Aid**

**Dec. 3, 5, Lexington**  
Sponsored by the Davidson/Lexington Chapter of the American Red Cross. 6 to 10 p.m. (704) 246-2205.

**Christmas Tree Lighting**

**Dec. 6, Shallotte**  
Sponsored by the South Brunswick Islands Chamber of Commerce. Local choirs and singing groups perform traditional Christmas carols. (910) 754-6644.

**Christmas Open House**

**Dec. 6-8, Brasstown**  
Crafts, refreshments, drawings and unique shopping at the Arts & Village Handcrafters. (704) 837-8663.

**Open Studio Tour**

**Dec. 6-8, Pittsboro**  
4th annual Chatham County Open Studio Tour. 10 a.m. to 5 p.m., Saturday; 12 to 5 p.m., Sunday. Free reception and tour. Brochures and maps available. (800) GO-TO-CHAT.





*Holiday ballet in  
Morganton, Dec. 7.*

## Historical Christmas

*Dec. 6-8, Statesville*

Downtown hosts carriage rides, choirs, Santa, breakfast. Holiday house and special homes tour, \$15. Tree lighting Friday evening at 6 p.m. (704) 878-3436.

## Appalachian Potters Market

*Dec. 7, Marion*

Pottery show and sale at McDowell High School featuring potters from Appalachian and piedmont area in N.C., east Tenn., north Ga. and S.C. Admission: \$1, under 16, free. (704) 652-8601.

## Christmas Ballet

*Dec. 7, Morganton*

Burke Community Ballet Company presents "The Magic of Christmas" and Act II of "The Nutcracker." The Ballet Studio, Inc. dancers. City of Morganton Municipal Auditorium at 7:15 p.m. \$6 adults, \$4 children. (704) 584-3081.

## Smyrna Tour of Homes

*Dec. 7, Smyrna, Tenn.*

The Sam Davis Memorial Association presents the "Town and Country Tour of Homes." Tour features 10 homes in Smyrna, the surrounding area and the Smyrna United Methodist Church. 11 a.m. to 6 p.m. at Sam Davis Home. \$10 tickets, proceeds benefit the Historic Sam Davis Home. (615) 459-2341.

## Swan Days

*Dec. 7-8, Swan Quarter*

Thousands of migrating tundra swans, other waterfowl. Wildlife tours, historic displays/presentations, workshops, craft booths/demonstrations and food. Tour reservations begin Nov. 18. (919) 926-4021 or (888) HYDE-VAN.

## ONGOING

### Tar Heel Maps

*Oct. 4-Dec. 8, Rocky Mount*

Exhibit of N.C. maps from 1590 to 1995, at The Pearsall Library, North Carolina Wesleyan College. (919) 985-5175.

### HomeArama '96

*Oct. 26-Nov. 17, Charlotte*

Showcasing 8 homes in newly emerging NorthStone Club, a golf and club community in the Huntersville area. (704) 843-2412.

### Mural Exhibit

*through Nov. 17, Raleigh*

"Stately Impressions: Murals By Students From All Over North Carolina, Part 1." 16 murals created. At the N.C. Museum of Art. (919) 833-1935.

### Computer Art Exhibit

*Nov. 1-Dec. 1, Hickory*

More Art Gallery displays art generated by computer, slide show, realistic and abstract pictures, and mathematical plots of colorful designs. Stu Casper, artist. Valley Hills Mall. Mall hours Tuesday through Sunday. Free. (704) 328-8183.



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## World AIDS Day

Dec. 1-6, Boone

National AIDS Quilt on display. Quilt-making classes, dedication ceremony. (704) 262-3942.

## Living History Days

Nov. 6, 13, 20, 27, Fremont

Living history demonstrations including spinning, sheep shearing and open-hearth cooking at the Governor Charles B. Aycock Birthplace. 9:30 a.m. to noon and 1 to 2:30 p.m. Free. (919) 242-5581.

## Southern Christmas Show Returns

Nov. 14-24, Charlotte

Holiday decorations, gifts, crafts, food, and shopping. Musical entertainment, holiday cooking clinics, and Santa. At Charlotte Merchandise Mart, 10 a.m. to 9:30 p.m., weekdays and Saturdays; 10 a.m. to 6 p.m., Sundays. \$6 at door, \$5 in advance. (800) 849-0248.

## Art Exhibition

beginning Nov. 17, Raleigh

Exhibition focus on archaeological site of Sepphoris, once an important city in Roman Palestine. Organized by the North Carolina Museum of Art. (919) 833-1935.

## Holiday Tours

beginning Nov. 29, Reidsville

Explore North Carolina's premiere collection of eclectic decorative arts inside a 27-room mansion decorated by area designers, 22 acres of beautiful landscape and gardens at Chinqua-Penn. Closed Mondays. (910) 349-4576.

## Holiday Festivities

Nov. 30-Dec. 21, Salisbury

Downtown Salisbury, Inc. plans several events for holiday season. Free horse and carriage rides. Pictures with Santa for \$4. Special mailbox for children to mail letters to Santa. (704) 637-7814.

## Travel to Costa Rica, the Darien Jungle and the Panama Canal

through Dec. 10, Beaufort

Natural history expedition provided by the NC Museum of Natural Sciences and NC Maritime Museum. Cruise aboard 138-passenger Yorktown Clipper. (919) 728-7317.

## Art Exhibition

through Jan. 19, Raleigh

An exhibition of approximately 50 works by Mignot, an American landscape painter. Organized by the North Carolina Museum of Art and sponsored by the Henry Luce Foundation. (919) 833-1935.

## Catawba Valley Arts Exhibit

through Dec. 31, Hickory

Operated by Catawba Valley Visual Art League. Features paintings, drawings, copper art, photography and computer art. In Valley Hills Mall during mall hours. (704) 328-8183.

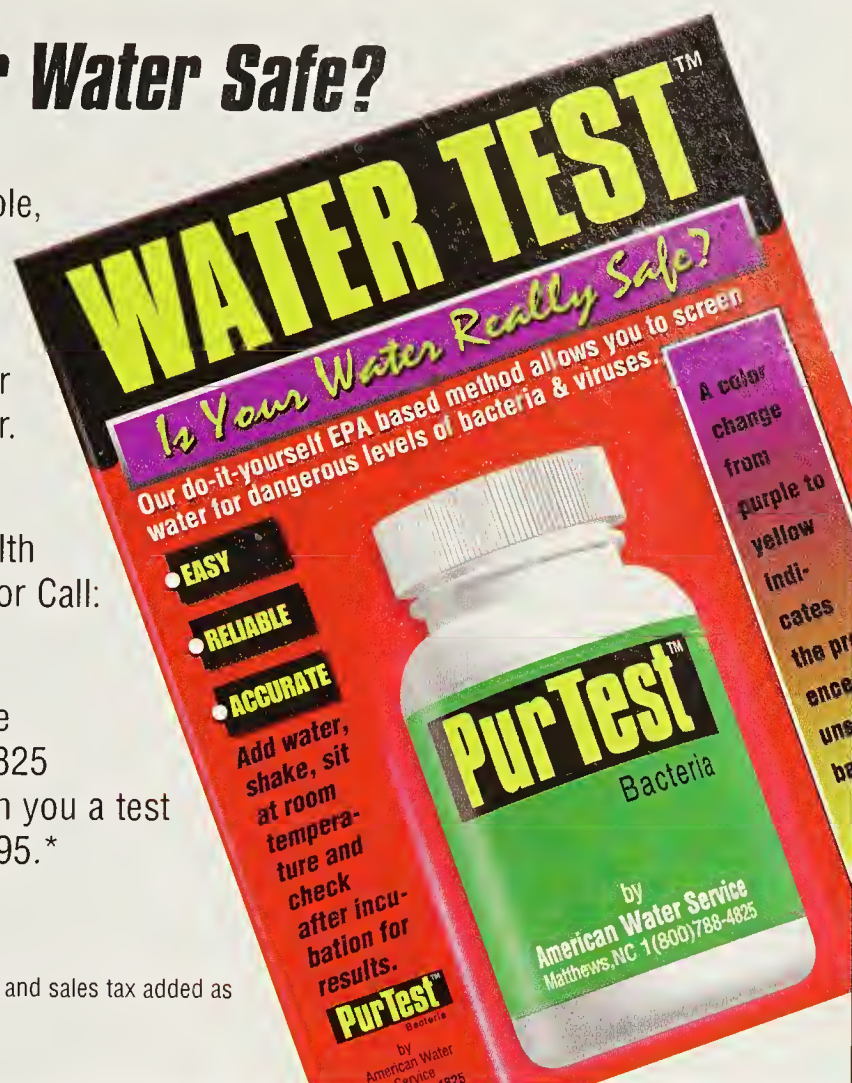
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## Historical statements.

## Match Boxes

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### Puzzle 1

m	a	t	c	h

b	o	x	e	s

Arrange the letters "O P R L I E C U N B" in alphabetical order in the boxes above. Then match these boxes with the boxes below to decipher the code words.

One of the first open revolts against England's proprietary government of the colonies occurred near what is now Elizabeth City in Pasquotank County. It was known as the

a	s	h	x	t	x	x	t	e

e	t	m	t	h	h	c	o	b

### Puzzle 2

A	E	L	P	S	T	V	Y
1	2	3	4	5	6	7	8

There are

A	L	L

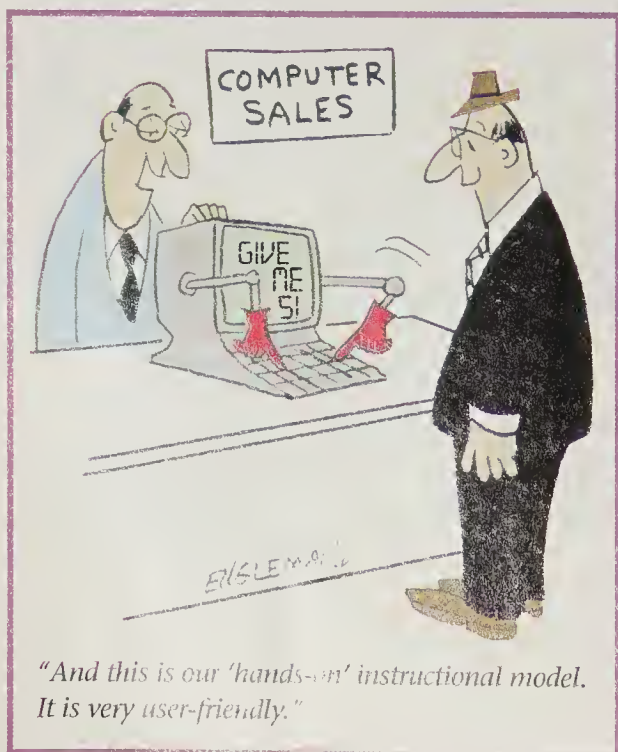
5	6	2	4	5

to the courthouse at

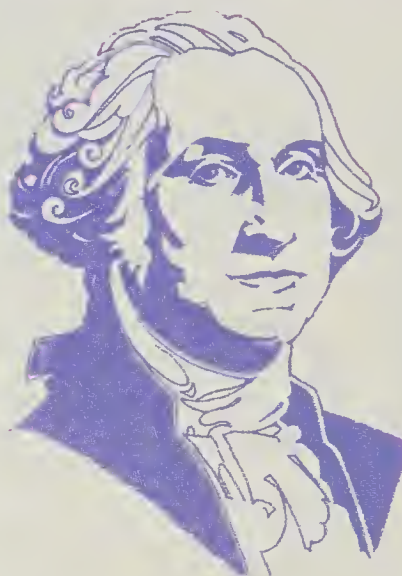
5	8	3	7	1

in Jackson County!

Answer on page 38.



## One-Gun Salute



As a military man, and later as a public man, George Washington is not remembered in our history books for a sense of humor. But in his private diary a sly appreciation for life's little absurdities peeps through.

In 1791, President Washington made a tour from Delaware to Georgia. Passing through North Carolina, he and his entourage arrived at "Tarborough" on Monday, April 18, where he made this entry in his diary:

"We were recd. at this place by as good a salute as could be given by one piece of artillery."



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Visa	\$190.00	\$4,500
<u>Medical</u>	<u>\$200.00</u>	<u>\$3,000</u>
Total	\$801.00	\$23,700
Your old monthly payment	\$801.00	
<u>Your new monthly payment</u>	<u>\$254.53</u>	
<u>\$\$\$ You Save Monthly \$\$\$</u>	<u>\$546.47</u>	
\$6,557.64/ yearly savings		

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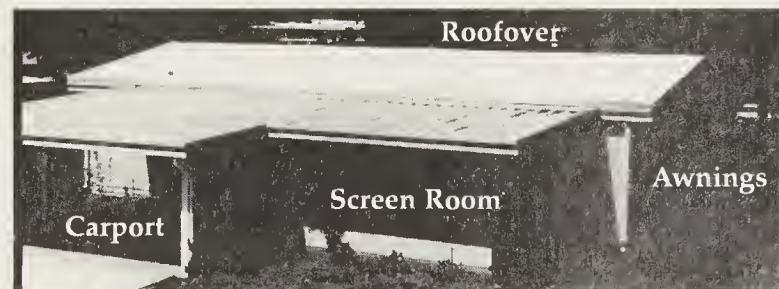
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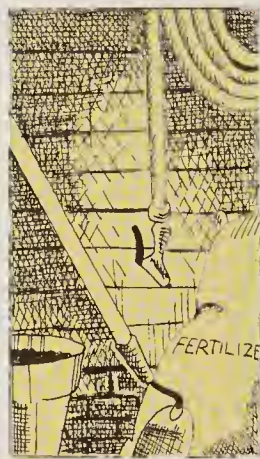
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# Hank's Gardening Guide

by Hank Smith



**Cool weather is good for grubbing out old stumps, especially if the ground has been softened by a soaking rain.**

As days get shorter and cold weather begins to set in, there's still time for planting next spring's flowering bulbs. Sensitive plants should be protected from cold damage with a mulch. Check ties and stakes on young trees to be sure they are sturdy enough to withstand strong winter winds.

## Pots of color

When planting trees and shrubs, give consideration to saving spaces in the foreground for autumn color from chrysanthemums. Either dig the plants in flower and plant them in the new spot, or buy well-budded flowering mums growing in cans at a nursery.

Think ahead to spring. Plant daffodils in containers to produce flowers that can be moved into show areas as needed for instant color. The cheerful accent they contribute to the early spring scene will be worth your efforts. Plant bulbs in loose soil — a good mixture is half peat moss and half sand. Cover bulbs so only the growing tips show. For the most color impact, use only one variety of bulbs in each container.

Move planted containers to a shaded spot and water thoroughly. Cover containers with a 2 to 3-inch mulch of organic matter such as fine bark chips or peat moss. This helps keep the tip growth dormant. Dampen mulch, and do not let it dry out over winter.

Bulbs will have a well-developed root system in eight to 10 weeks. When new growth begins to show from tips of the bulbs, move containers to a sunny location for further growth. After the daffodils have bloomed, cut off old flower stalks and let foliage die down naturally. Keep plants well watered and fertilized until leaves die down. Bulbs may be taken out of containers while foliage matures.

## Too deep, too bad

Planting a young tree too far beneath the soil level is sometimes the cause of poor growth response of the tree. If the soil is loamy and well-drained, the tree may eventually recover, although this can slow down the growth the first two or three years. In tight heavy soils, however, deep planting means almost sudden death for most landscape plants.

As a guide for planting, look for the line created by the place where it was planted before. The bark of a young tree will be crusted with soil up to that line. Usually the bark which was below the soil line is darker in color than that which grew above the soil. One way to check planting depth is to place a yardstick or shovel handle across the planting hole next to the tree trunk. The tree then can be adjusted so that the old planting line is in line with the yardstick.

## Vegetables

Try to gather all warm-weather crops before the first killing frost. Pick green tomatoes and place them in a warm, sunny window to ripen.

## Starting lawns

If you plan to establish cool-season lawn grass (fescue, bluegrass, bent), do it as soon as possible to take advantage of the warm fall days that are left. Wait until next spring to start warm-weather grasses (Bermuda, Zoysia, St. Augustine.)

## Windbreaks and screens

Evergreen trees that branch all the way to the ground can be placed toward the back or near the borders of large yards. Make sure that your area has enough space to allow for a large tree. Some examples of trees that divert winds and hide unsightly views are southern magnolia and deodar cedar. White pine and hemlock do well in areas of high altitude. When properly located as windbreaks, such trees make your house easier to heat.

## Landscape planning

Landscape design involves more than beauty. You don't plan a landscape only to produce showy beds of annuals, perennials and bulbs. Before digging the first hole, ask and answer these questions:

1. Is the plan functional and suitable?
2. Is it economical?
3. Does it require too much maintenance?
4. Will it be as good in 20 years as in the next five years?

## Plant spring-flowering shrubs

Early-blooming deciduous shrubs such as the spireas, flowering quince and forsythia, may be planted during the next three months. These make excellent accents in the shrubbery border and as a background for beds of spring-flowering shrubs. They're most effective when used in groups of several of a kind, with some evergreen shrubbery nearby to give leaf accent. Evergreens offer contrast in form during winter months when deciduous plants are out of leaf and bloom.

Seldom are deciduous shrubs appropriate for use in base or foundation plantings of buildings. They contribute too "weak" an appearance during winter months. This is especially true across the front foundation of a building which needs to be "anchored" by year-round masses of greenery.

## Autumn cleanup

Grow the garden if it looks unkempt. Cut back chrysanthemums to 6 or 8-inch stubs after they bloom. Gather up all dead plant material and add to the compost pile if it is not diseased. Keep leaves raked to prevent damage to lawns.



# What Would You Do With An Extra \$3,600 to \$12,000 per year?

## How to Get a Fast Mortgage Loan To Pay Off All Your Bills\*\*

(Even If You've Been Turned Down By A Bank Or Mortgage Company)

Kingham, N.C. - Ray and Becky were frustrated. They'd bought the house 12 years ago and it was five years old when they moved in. Becky laughed out loud when she thought back to that time. Back then it seemed so big and beautiful. But now, 12 years and 3 kids later, the house felt small and run down. The house needed a new roof and her two youngest kids, Emily and Katie, were doubling up in the small 10 x 12 bedroom. A few years ago, Ray and Becky had a contractor come and talk to them about a new addition. Becky remembered how excited she and Ray were. They even paid to have the plans drawn up. But that was the year before Ray lost his job at the plant. She poured herself another cup of coffee and recalled how depressed they were. It was over a year before he got another job. And during that time, they got behind on everything.

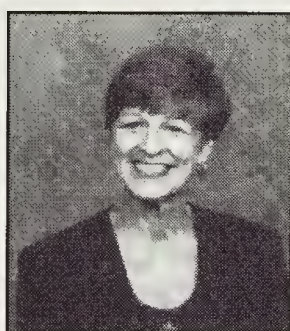
### No Summer Vacation

They were so strapped for money one summer, they couldn't even take Emily and Katie to the beach for a few days for their annual vacation. When they finally got all caught up when Ray got back to work, it took them two years and at that time it had ruined their previously perfect credit record, it was a vicious cycle. You know, getting paid on Friday, sitting down on Monday to pay bills and running out of money before all the bills are paid.

### "I Hit A Brick Wall"

When they got caught up they tried again to borrow the money for the addition. First they were turned down by the local bank, then a mortgage company in town rejected them. They kept hitting the same brick wall. Even though Ray had gone back to work in another plant making MORE money, the late payments that showed up on his credit reports turned the local banks and mortgage companies away. Ray felt like he was working JUST to pay his monthly bills and doing nothing for himself, Becky or the kids. Then he ran into Harvest Mortgage Company. Harvest helped him get a loan to pay off all his bills and consolidated everything into one single payment that was \$358 lower than he had been making. That saved him a whopping \$4,296 per year, FREE. In the first year, that was enough money to close in the back porch, AND enough money for new bikes for the kids.

### Home Equity is the Key



Carole Eskew, Sr., V.P.

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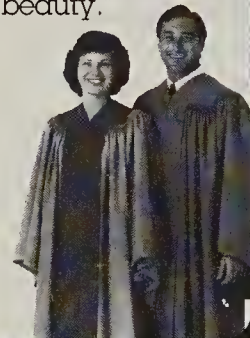
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**Tar Heels earn  
"dishonorable  
mentions" in  
national contest.**

It was only a suggestion—a convenient “hook” to hang a column on. I never dreamed it would come to this! I simply thought the readers would enjoy reading about a national contest recognizing bad writing. Yes, I shamelessly encouraged the readers to enter, saying they could have a little fun with it and they might have a chance to gain some notoriety as a payoff.

I’ll always bear a burden of guilt, wondering how many readers might have followed my advice and methodically set out to write “the worst possible opening sentence for an imaginary novel” for the 1996 Bulwer-Lytton Fiction Contest sponsored by San Jose State University.

There were at least three who did so, and they must now face public scrutiny of their writing misdeeds. They earned “dishonorable mentions,” according to a news release distributed across the country by the university: Mike Thornton of Rt. 3, Hertford, a member of Albemarle Electric Membership Corporation; Lisa Haynes of Clyde, a member of Haywood EMC; and Rufus Keel of Ocracoke, a member of Tideland EMC.

When I called to chat with them about this dubious distinction, all three said they were prompted to enter the contest after reading about it in my “Journal” last March.

Thornton, a 70-year-old retiree, was cited for one of the 28 entries he submitted to the Vile Pun competition: “One chilly February morning in a small Pennsylvania town, the crowded courtroom hushed as the accused, a sullen young punk, was led to his seat by a law officer, and one juror asked another who his furry companion was, getting the answer, ‘He’s the punk’s attorney, Phil.’”

Thornton said he heard many puns in his native England, where “the pun is considered the lowest form of humor.” When he read about the contest, he thought he’d try entering the Vile Pun category—because “I thought I might have a talent for that kind of humor.”

All his entries were awful, he said, adding: “I mean roll-on-the-floor-groaning terrible.” They were so bad, in fact, that he didn’t bother to keep any copies of them.

“But I can just imagine them making the rounds on the campus at San Jose State, and some of those students are claiming credit for my puns!”

Lisa Haynes, a former veterinarian’s assistant who is now a full-time homemaker, came up with her entry by borrowing imagery from an infamous celebrity murder trial: “Marcia, with her curly locks and power suit, pondered her purchase from ‘Kato’s’ as she drank a beverage, when suddenly she dropped the glass, cutting her hand as it spilled its contents seemingly endlessly as she cried, ‘Oh, darnden it, the glove didn’t fit and the juice got loose.’”

Rufus Keel, a semi-retired businessman, found inspiration for his entry in a classic novel of the sea: “She sighed as she watched the old man push his boat into the sea, sad that he was leaving for she did love, in earnest, him any way.”

Keel said he entered the contest because he always thought his “perverted sense of humor” would come

through in a pun. But he was surprised to earn the “dishonorable mention” recognition.

“I’d say that’s not bad for a beginner!” he added.

The Tar Heel writers’ notoriety has only just begun, according to Scott Rice, the SJSU professor who coordinates the annual contest. He said their entries will be recorded for posterity in a collection that is being issued by Penguin Books.

It’ll be the fifth in a series of books incorporating some of the most colorful entries from the contest, which is named for Edward George Bulwer-Lytton, a prolific Victorian novelist. The opening sentence in one of his novels has become a symbol of shoddy writing: “It was a dark and stormy night.”

All five books take their titles from that sentence: “It Was a Dark and Stormy Night” (1984), Son of “It Was a Dark and Stormy Night” (1986), “Bride of Dark and Stormy Night” (1988), “It Was a Dark and Stormy Night: the Final Conflict” (1991), “A Dark and Stormy Night Again” (1996).

The 1996 collection will feature the sentence below as the winner of the contest’s traditional grand prize—a cheap word processor. It was submitted by Janice Estey of Aspen, Colo.:

“Ace, watch your head!” hissed Wanda urgently, yet somehow provocatively, through red, full, sensuous lips, but he couldn’t, you know, since nobody can actually watch more than part of his nose or a little cheek or lips if he really tries, but he appreciated her warning.

Here are a few other winning entries from this year’s contest:

**Vile Puns** - Because the Indians of the high Andes were believed to have little sense of humor, Professor Joan Lyner was amazed to hear this knee-slapper that apparently had been around for centuries at all the Inca spots: “Llama ask you this. Guanaco on a picnic? Alpaca lunch. — John L. Ashman, Houston, Texas

**Historical Writing** - Ulysses Simpson Grant, having just finished a meal of Virginia ham, stretched out in his underwear of Mississippi-grown cotton, puffed heavily on a Georgia cigar, swilling straight Kentucky bourbon whiskey, and thought how good it was to be in the Union Army.

— Albert Klar Ogden, Stansbury Park, Utah

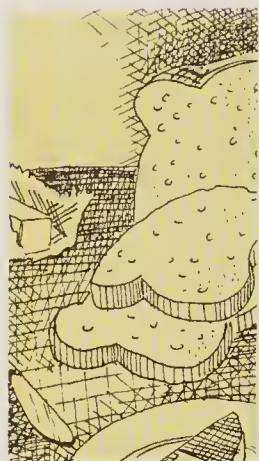
**Adventure Writing** - Buffy Goldsmith, emptying the last three rounds from the smoking Parabellum nine-millimeter at the pursuing KGB operatives, reached into her Kevlar standard-issue Model PK-38D brassiere for the disk of winning lottery numbers with the intention of flinging it into the murky waters of the Seine, only to remember she had left it under Uncle Arthur’s yarmulke at the kibbutz.

— Vance Atkins, Seattle, Wash.

**Romance Writing** - The flash of lightning startled her—making her breasts heave, and in that instant of white light she thought of how M\_\_\_\_, her young lover from the estate’s cheese works, had so marveled at the creamy globes so delicately laced with blue veins that he had called the one Blue and the other Stilton, and she reflected that she would never hear those sweet words again—at least not in that con-



# Country Kitchen



For leftover turkey.

## SUPERB TURKEY CASSEROLE

Submitted by Karyn Joyner, Hendersonville

1 cup spaghetti, broken up	1/2 cup chicken broth
2 cups diced cooked turkey	2 cups sharp cheddar cheese, shredded and divided
1/4 cup diced pimento	Salt and pepper to taste
1/4 cup chopped green pepper	Chow mein noodles
1 medium onion, chopped	
1 can mushroom soup	



Cook spaghetti, drain. Combine all ingredients, reserving 3/4 cup cheese and chow mein noodles. Pour mixture into greased 2-quart casserole dish. Bake at 350° for 50 minutes. Sprinkle with remaining cheese. Add chow mein noodles on top. Bake 10 more minutes. (Yield: 4 servings)

### Want to share recipes?

If you would like to share a recipe with Country Kitchen, send it to Recipes, Carolina Country, P.O. Box 27306, Raleigh, N.C. 27611.

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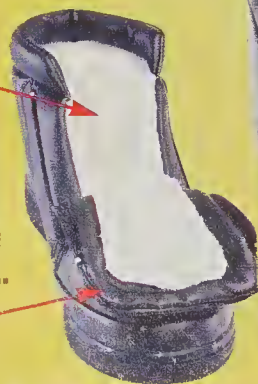
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